

Nepal Tour and Travel

DURATION: 4 DAYS

Trip Facts



Group Size 1-12 Persons



Trip Grade Easy



Accommodation Hotel



Max Height 1400 Metres



Start From Kathmandu



End At Kathmandu



Duration 4 Days



Meals included Breakfast Days

Best season:

All Season



Trip Overview

Nepal is a country of diverse landscapes, [rich culture, and breathtaking natural beauty](#), making it an incredible destination for travelers and offering a wide range of destinations and activities. The peak tourist seasons are spring (March to May) and autumn (September to November), offering clear weather and stunning Himalayan views. To plan a successful trip, consider your interests and travel dates, research trekking routes and difficulty levels, and hire experienced guides and porters. Explore Nepal's diverse cultures, traditions, and festivals, and immerse yourself in local festivals. Obtain the necessary permits and documentation before your trip. Choose from luxury hotels to budget guesthouses and enjoy authentic Nepali cuisine. Nepal, located in South Asia, is known for its stunning landscapes, rich cultural heritage, and majestic Himalayan mountains, including Mount Everest. The country is home to numerous UNESCO World Heritage Sites, including Kathmandu Valley, Kathmandu, Patan, and Bhaktapur. Nepal is also a spiritual paradise, with the birthplace of Lord Buddha, Lumbini, and the sacred Hindu temple Pashupatinath in Kathmandu offering serene spiritual experiences. Nepal offers thrilling activities like trekking in the Himalayas, white-water rafting, paragliding, bungee jumping, and jungle safaris in its national parks.

The country's diverse ethnic groups and diverse cultural heritage make it a melting pot of diverse ethnic groups and cultures. Nepal's national parks and wildlife reserves, such as Chitwan National Park and Bardia National Park, are renowned for their rich biodiversity. The Nepalese people are known for their warm hospitality, making their experience in Nepal unforgettable. Be responsible, respect local customs, and follow "Leave No Trace" principles. Consult your doctor for appropriate vaccinations and health advice, and [consider booking your trip](#) through a reputable travel agency and guide. Tailor your tour to align with your interests and preferences, and be open to embracing the uniqueness of Nepali culture and landscapes. Make sure to pack appropriate clothing and gear for the varying weather conditions and outdoor activities in Nepal. Additionally, familiarize yourself with the local currency and exchange rates to ensure a smooth financial experience during your trip.



Trip Itinerary



Day 1, Arrive at Kathmandu and transfer to the hotel (Highest Altitude 1400 m)



1



Breakfast



Hotel



Car



1400 m

It's a beautiful flight into the Kathmandu Valley with views of the Himalayas and terraced valley floor. Upon arrival at Tribhuvan International Airport, one of our representatives will greet you and transport you to your hotel. Depending on your arrival time, you'll have time to explore the city. Thamel Exploration: Spend some time exploring Thamel, the bustling tourist hub of Kathmandu. It's filled with shops selling handicrafts, trekking gear, clothing, and souvenirs. Enjoy live music, vibrant nightlife, and international cuisine in the numerous restaurants and cafes. Local Cuisine: Indulge in Nepali cuisine during your stay. Try traditional dishes like momo (dumplings), dal bhat (rice and lentils), and Newari specialties like chatamari (rice flour crepes). Visit local restaurants or street food stalls to taste the authentic flavors of Nepal.



Swayambhu Nath, Pashupatinath, Patan Durbar Square



7



Breakfast-Lunch



Hotel



Car



1400 m

Exploring Kathmandu Durbar Square: Start your sightseeing by visiting Kathmandu Durbar Square, a UNESCO World Heritage Site. It's a historic square with ancient temples, palaces, and courtyards. Hire a local guide to learn about the history and significance of the different structures.

Pashupatinath Temple: Visit Pashupatinath Temple, one of the holiest Hindu temples in the world. It's located on the banks of the Bagmati River and is known for its beautiful architecture and religious rituals. Respect the customs and traditions when entering the temple premises.

Boudhanath Stupa: Explore Boudhanath Stupa, another UNESCO World Heritage Site and one of the largest stupas in the world. Take a stroll around the stupa, observe Buddhist devotees, and enjoy the serene atmosphere. You can also visit nearby monasteries and shops selling Tibetan crafts.

Swayambhunath Stupa: Make your way to Swayambhunath Stupa, also known as the Monkey Temple. It's located on a hilltop, offering panoramic views of the city. Climb the steps, observe the monkeys, and explore the various shrines and prayer wheels.



Everest Mountain Flight, Afternoon in Kathmandu



5-7



Breakfast



Hotel



Car-Flight



1400 m

Mountain flights in Nepal are a popular way to experience the breathtaking beauty of the Himalayas without having to trek through rugged terrain. These flights offer a unique opportunity to witness some of the world's highest peaks, including Mount Everest, up close. The duration of a typical mountain flight in Nepal is around one hour. This duration allows passengers to enjoy a scenic aerial tour of the Himalayas and witness the stunning mountain peaks, including Mount Everest, from a close distance.

Mountain flight in Nepal details?

Here are some additional details about mountain flights in Nepal:

Flight Duration: The typical duration of a mountain flight in Nepal is around one hour. This allows passengers to enjoy a comprehensive aerial view of the Himalayas and the iconic peaks.

Aircraft: Mountain flights in Nepal are conducted using small aircraft, such as Dornier, Beechcraft, or ATR, depending on the airline. These aircraft are designed for optimal visibility, with large windows and comfortable seating arrangements.

Departure Point: Most mountain flights depart from Tribhuvan International Airport in Kathmandu, Nepal's capital city.

Flight Schedule: Mountain flights usually take place early in the morning to take advantage of clear weather conditions and better visibility. The exact departure times may vary depending on the airline and the season. It is advisable to check with the airline or your travel agent for the current schedule.


Views and Mountains: During the flight, you'll be treated to panoramic views of the Himalayan mountain range, including some of the world's highest peaks. The highlights typically include Mount Everest, Kanchenjunga, Lhotse, Makalu, Cho Oyu, and several other breathtaking mountains.

Weather Conditions: Mountain flights are subject to weather conditions. Flights may be delayed, rescheduled, or canceled due to poor weather, particularly during the monsoon season (June to August) when visibility can be limited. It is recommended to plan your mountain flight during the clear seasons of spring (March to May) and autumn (September to November) for the best chances of clear skies.

Window Seat: Each passenger on a mountain flight is usually allocated a window seat to ensure unobstructed views of the mountains and landscapes. This allows for optimal photography opportunities.

Cost: The cost of mountain flights in Nepal can vary depending on the airline, the package, and the time of year. On average, the cost ranges from \$225 to \$250 per person.

Booking: It is advisable to book your mountain flight in advance, especially during peak tourist seasons, to secure your seat. You can book directly through the airline's website or consult with a local travel agent who can assist you with the arrangements.

 Final Dupard Kathmandu

It's time to say farewell to Nepal. Enjoy your last moments in Kathmandu with breakfast in a café, a city stroll, and/or souvenir shopping. A representative will meet you at your hotel and drive you to the airport for your return flight home. It's good to be at the airport at least 2 hours prior to departure

Cost Includes

- ✓ **Accommodation:** The cost of hotel accommodation for two nights in Kathmandu.
- ✓ **Transportation:** This includes airport transfers, Mountain flights, and transportation within Kathmandu for sightseeing.
- ✓ **Guide:** The services of a knowledgeable guide who can provide information about the attractions and assist you during the tour.
- ✓ **Entrance fees:** The entrance fees for the attractions mentioned in the itinerary, such as Kathmandu Durbar Square, Swayambhunath Stupa, Boudhanath Stupa, Pashupatinath Temple, and the Garden of Dreams.
- ✓ **Meals:** Some tour packages may include breakfast, while others may provide all meals during the tour.



Cost Excludes

- ✗ **International airfare:** The cost of flights to and from Nepal is usually not included in the tour package.
- ✗ **Visa fees:** Travelers need to obtain a visa to enter Nepal, and the visa fees are not typically included.
- ✗ **Travel insurance:** It's advisable to have travel insurance to cover any unforeseen circumstances during your trip. The cost of travel insurance is usually not included in the tour package.
- ✗ **Personal expenses:** Expenses such as additional meals, snacks, drinks, souvenirs, and any optional activities not included in the itinerary are generally not covered.
- ✗ **Tips:-** Tips for your staff.

Trip Map

