

# Bhutan Tour

DURATION: 5 DAYS

## Trip Facts



**Group Size** 1-10 Persons



**Trip Grade** Easy



**Accommodation** Hotel & Guest House



**Start From** Paro



**End At** Kathmandu



**Transportation** Plane / Car / Jeep



**Duration** 5 Days



**Meals included** Breakfast, Lunch & Dinner Days

## Trip Overview



**Bhutan tour offers a unique and unforgettable** experience with its untouched natural beauty, preserved culture, and focus on Gross National Happiness. The tour includes destinations such as Paro, Thimphu, Punakha, Gangtey, Phobjikha Valley, Bumthang Valley, Haa Valley, and Tsechus, which showcase Bhutanese culture in its most vibrant form. Paro is a picturesque valley with a small airport, while Thimphu is the capital city with a blend of traditional and modern elements. Punakha, the former capital, is known for its Punakha Dzong, Gangtey, Phobjikha [Valleys, Bumthang Valley, and Haa Valley](#). To ensure a meaningful and immersive experience, tourists must book their trip through a licensed Bhutanese tour operator. These tour operators have extensive knowledge of the country and can provide insights into Bhutanese culture and traditions. Additionally, they can arrange visits to monasteries, temples, and other cultural sites that are not easily accessible to independent travelers.

**Bhutan, a landlocked country in South Asia**, is a spiritual kingdom with a rich culture and traditions. It is part of SAARC and is close to India and China. Bhutan has played a significant role in enhancing nature and religious harmony. The Bhutan tour offers a chance to explore Nepal's natural wonders, including World Heritage Sites like Patan [Durbar Square, Kathmandu Durbar](#) Square, and Bhaktapur Durbar Square. The tour also includes visits to major tourist attractions like Pokhara, Chitwan, Lumbini, and the Memorial Chorten, which offers insight into Buddhist philosophy.

## Trip Itinerary



### Day 1 Paro to Thimphu (2300m) (L/D)

You will be flown to Paro, Bhutan. Enjoy the scenic view of the Himalayan range. Upon arriving at Paro International Airport Bhutan, The land of the dragon, you will be greeted by your guide. To acclimatize your body to the altitude will be doing very light sightseeing. You will be driven to Thimphu, through Paro valley. Do not miss out on the silvery Pa Chu (Paro River) meandering its way through the thickly forested ravine, the Paro Dzong (fortress), and Ta Dzong (watchtower). Later in the afternoon, we will visit Tashichho Dzong which is a beautiful fortress and monastery which houses the Secretariat building, King's Throne room, and other government offices. It is also the summer residence of a chief abbot or spiritual leader Je-Khenpo. We can visit the Handicrafts Emporium to see or buy a wide assortment of beautifully hand-woven and crafted products including the famous

traditional thangka paintings. Then, we will move to the Memorial Chorten which is a beautiful stupa built-in memory of Bhutan's third King. The paintings and statues inside the monument provide a deep insight into Buddhist philosophy. We will stay overnight at Hotel Riverview, Thimphu. Meals: Lunch & Dinner

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### Day 2 Thimphu Sightseeing (B/L/D)

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Thimphu is the capital of Bhutan. It has approximately 90,000 people and is a very much laid-back town. The wide streets that are lined by trees give you a relaxed feel. Early in the morning, we will take a 15-minute guided walk to the Memorial Chorten. The shrine was built in memory of the late king, Jigme Dorji Wangchuck, who has wished to erect a monument to world peace and prosperity. Many Bhutanese will stop by here every day to pray. Memorial Chorten is continuously circumambulated by people, murmuring mantras and spinning their prayer wheels. Later in the day, we will start our sightseeing by visiting the Zilukha Nunnery on the outskirts of Thimphu. 70 nuns live there and run their daily chores in the nunnery. It is a magnificent view from this nunnery. Then the tour will visit the Changangkha Lhakhang. Later we will visit the traditional paper factory. We will learn how paper is done from the daphne plant. The factory does produce a unique type of paper called rice paper, it is said to last longer than the normal paper. Evening drive past Tashichhodzong, "fortress of the glorious religion". This is the center of government and religion, the site of the monarch's throne room, and the seat of Je Khenpo or Chief Abbot. Built in 1641 by the political and religious unifier of Bhutan, Shabdrung Ngawang Namgyal, it was reconstructed in the 1960s in a traditional Bhutanese manner, without nails or architecture. Overnight at hotel, Thimphu

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### Day 3 Thimphu – Punakha (B/L/D)

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In the morning you will be driven to Punakha, which is the old winter capital of Bhutan. On the way we will drive up to Dochula Pass, stopping briefly here to take in the view and admire the Chorten, mani wall, and prayer flags that decorate the highest point on the road. If the skies are clear, you will be able to view the following peaks (left to right): Masagang (7,158m), Tsendagang (6,960m), Terigang (7,060m ), Jejegangphugang (7,158 m ), Kangphugang (7,170 m ), Zong Huang (7, 060 m ), a table mountain that dominates the isolated region of Lunana – finally Gangkar puensum, the

highest peak in Bhutan at 7,497m. Later we will continue our journey to Punakha Valley and visit the Punakha Dzong. It was built strategically at the junction of Pho Chhu and Mo Chhu rivers in 1637 by Shabdrung Ngawang Namgyal to serve as the religious and administrative center of the region, Punakha Dzong has played an important role in Bhutan's history. Damaged by four catastrophic fires and an earthquake, the Dzong has been fully restored by the present King. If possible, we can have your picnic lunch planned at Chendebji Chorten (Stupa) which is patterned after Swayambhunath in Kathmandu. A lama named Shida is said to have been behind the construction, which was undertaken to pin down a mischievous local spirit. It is a popular picnic lunch and pilgrimage for Bhutanese driving east-west roads.

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#### Day 4 Punakha to Paro (4 hours) (B,L,D)

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After breakfast, we will drive west via doula pass 3080 m, weather permitting we will enjoy the Bhutan Himalaya peaks above 7000 mts. Upon reaching Paro we will visit Ta Dzong, once a watchtower, built to defend Rinpung Dzong during the inter-valley wars of the 17th century, Ta Dzong was inaugurated as Bhutan's National Museum in 1968. Afterward, we can walk down a hillside trail to visit Rinpung Dzong. Built in 1646 by Shabdrung Ngawang Namgyal, the first spiritual and temporal ruler of Bhutan, the Dzong houses the monastic body of Paro, the office of the Dzongda (district administrative head) and Thrimpon (judge) of Paro district. Overnight at the hotel in Paro.

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#### Day 5 Drive to Paro airport for onward flight to Kathmandu (B)

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After early breakfast at the hotel drive to Paro airport for your sensational take-off and scenic Himalayan flight past Chomolhari, Bhutan's second-highest peak. Important Note: Your safety is of paramount importance to us at Mount Adventure Holidays. We have the absolute authority to cancel the trip or change the itinerary, when deemed necessary or when we have reason to believe your safety is at stake. Weather conditions, the health condition of a group member, natural disasters, and such, can contribute to changes in the itinerary when traveling in remote mountainous regions. In these extreme situations, we kindly request that you offer your full cooperation to the trusted leader of the group appointed by Mount Adventure Holidays. However, we assure you that we will make every effort to keep to the above itinerary.

## Cost Includes

- ✓ All airport pick-ups and drops
- ✓ All ground transportation by comfortable private vehicles
- ✓ Breakfast in Nepal
- ✓ All Meals in Bhutan
- ✓ Twin-shared hotel accommodation in Nepal and Bhutan
- ✓ Sightseeing in Nepal and Bhutan by an experienced English speaking local tour guide
- ✓ Permits and sightseeing entrance fees for museums and monuments as per the itinerary
- ✓ Company services and all required government taxes
- ✓ Bhutanese visa fee



## Cost Excludes

- ✗ All international flights
- ✗ Nepalese visa fee (easily available after arriving at the Tribhuwan International Airport in Kathmandu)
- ✗ Lunch and Dinner (except welcome dinner)
- ✗ All personal expenses (personal gear, telephone calls, beverages, internet, laundry, etc.)
- ✗ Other services not mentioned in the 'What Is Included section
- ✗ Travel insurance
- ✗ Tips for guides and drivers