Lumba Sumba Pass Trek

DURATION: 16 DAYS

Trip Facts

Group Size 1-10 Persons

Trip Grade Basic

Accommodation Hotel / Guest House / Homestay

Max Height 4750 Metres

Start From Kathmandu

End At Kathmandu

Transportation Plane & Bus & Jeep

Duration 16 Days

Meals included Breakfast, Lunch & Dinner Days

Best season:
March-May & September-December

Trip Overview

The Lumba Sumba Trek is a new route in the eastern Himalayan region, featuring Lumba Sumba Peak (5200m) as a major attraction. The route offers stunning landscapes, alpine grasslands, rocky outcrops, dense forests, and low river valleys. Trekkers can encounter wildlife species like the endangered snow leopard and red panda, as well as cultural heritage sites like monasteries, temples, and local festivals. **The trek is home to various ethnic groups**, including the Limbus, Sherpas, Rai, Gurung, Magars, Newars, and Tamangs. The trek offers breathtaking views of lush green valleys, cascading waterfalls, and pristine alpine lakes. The Lumba Sumba Trek is one of the best treks in the Kanchenjunga and Makalu Himalayas Range, which looks like a Lumba Sumba Trek in the Nepal Himalayas in the Taplejunga and Sangkhuwasasha districts in Nepal. Explore Treks for trekking information, and while exploring Nepal Himalaya Trekking, we would like to organize the Lumba Sumba tours as per our client's requirements or in a fixed package arranged by us to provide a different experience as compared to others.

The Lumba Sumba Pass Trek is a unique trekking route in Nepal's eastern region, offering adventure, cultural exploration, and wilderness experiences. Starting from Khandbari or Chichila, the trek offers stunning views of Mount Kanchenjunga and Mount Makalu. **The trek takes you through remote** and untouched landscapes, including dense forests, alpine meadows, glacial lakes, and picturesque valleys. The main highlight is crossing the Lumba Sumba Pass, which is at an altitude of approximately 5,160 meters (16,929 feet). The region is home to diverse flora and fauna, including rare and endangered species like the red panda and snow leopard. The trek typically takes 20 to 25 days, depending on the itinerary, acclimatization days, and weather conditions. The best time to trek is in the spring (April to May) and autumn (**October to November**), when the weather is stable and the skies are clear.

MOUNT ADVENTURE HOLIDAYS

Trip Itinerary

Day 1: FLIGHT FROM KATHMANDU - BHADRAPUR (93 M) 45 MINUTES FLIGHT THEN DRIVE TO TAPLEJUNG (1820 M)

8 Hrs | Breakfast, Lunch & Dinner | Guest House | Plane & Jeep | 1820 m

Early in the morning, we take our flight to Bhadrapur from Kathmandu with a scenic view of the Eastern region. After 45 minutes of flight, we reach the Bhardrapur airport then we will take a car/jeep from Bhadrapur for Illam/Taplejunga which will take Approx 8 hours of drive. We will stop in the beautiful tea garden of Illam also known as the garden of Nepal for our lunch. After our Lunch, we will descend upward from Illam for our overnight stay in Taplejung.

Day 2: TAPLEJUNG - RANIPUL/LELEP (1740 M) DRIVE BY PRIVATE JEEP 5 HRS

5 Hrs | Breakfast, Lunch & Dinner | Guest House | Jeep & Walking | 1740 m

Today we will drive after breakfast and head towards the Mitlung/Sinuwa by crossing the small river over the suspension bridge. Then our trail descends down to Tamor Riverwalk through villages and terraced fields. Some irregular villages give us an opportunity to meet local people. Upon arriving at Tamor River, we follow some narrow trails close to the river. Then a gradual uphill trail through the terraced fields and a few houses take to the village of Ranipul.

Day 3: Trek Lelep to Ela danda (2150 m)

5 Hrs | Breakfast, Lunch & Dinner | Guest House | Walking | 2150 m

After breakfast, the trek runs along the bank of the Tamor River through dense forest that offers good habitat for different wildlife species. We cross a suspension bridge after a walk of about an hour from Lelep then it is an uphill climb through a pine forest for about half an hour until we reach a monastery. From there, the trek gradually descends after about half an hour and we reach Gowatar (1800m) for lunch. Gowatar is a small settlement with a few houses. Near the village, there is a big stone and it is believed that only the religious people can move them. After a walk of around half an hour from Gowatar, we reach a place that offers spectacular views of two waterfalls about 100 meters tall.

Day 4: Trek Ela Danda to Selep Kharka (2525 m)

5 Hrs | Breakfast, Lunch & Dinner | Homestay | Walking | 2525 m

Today the walk is pleasant as it passes through Ulnus and Rhododendron forest for about an hour until we reach a suspension bridge. After crossing the suspension bridge, the trek passes through dense bamboo groves. This place is popular among trekkers as it is the habitat of the red panda. If you are lucky, we might catch sight of the red panda! We reach Maguwa (2435m) for lunch. After lunch, the trail passes through maple and Ulnus forest. There is a big landslide on the way before we reach Selep Kharka(2525m).

Day 5: Trek Selep Kharka to Olangchung Gola (3210 m)

6 Hrs | Breakfast, Lunch & Dinner | Homestay | Walking | 3210 m

Today we trek along the banks of the Tamor River leading to a place called Jongim, a flat land surrounded by snow-capped hills. After a walk of about 2hrs, we reach a suspension bridge. Then we climb uphill from the suspension bridge and reach Ramite (2685m) for lunch. We continue the ascending walk, then we catch the first glimpse of Olangchung Gola from the waterfall. After a climb of about 40 minutes, we finally reach the camping site. Olangchung Gola is a beautiful Sherpa village with around 45 houses, a 465 years old monastery with a golden manuscript, and a KCAP office.

Day 6: Trek Olangchung Gola to Upper Langmale Kharka (3890 m)

7 Hrs | Breakfast, Lunch & Dinner | Camping | Walking | 3889 m

The trek from today onwards will pass through complete wilderness. The trek passes through pine and rhododendron forests. After a walk of two and a half hours, we reach a place called Jadak (3630m) for lunch. Then we walk of other valleys towards Lumba Samba for three hours on rhododendron and mixed forests and take us to our camping site at Upper Langmale.

Day 7: Trek Upper Langmale Kharka to Pass Camp (4750 m)

7 Hrs | Breakfast, Lunch & Dinner | Camping | Walking | 4750 m

The trek can be interesting today as snow leopards have been sighted numerous times on this trek. The trek runs along the small riverside lies dense rhododendron forest. After a walk of about three hours, we reach Tangchetar (4200m) for lunch.

Day 8: Trek Pass camp to Yak Kharka (4590 m)

7 Hrs | Breakfast, Lunch & Dinner | Camping | Walking | 4590 m

This would be the most difficult yet most memorable day of this trek. Today the trek will pass through the Lumba Sumba Pass (5200m). It is better to start early as it will be difficult to cross the pass afternoon. After a walk of about four and half hours from Pass Camp, we reach the Lumba Sumba Pass which offers panoramic Himalayan views of eastern Nepal including the Kanchenjunga, Jannu Himal, and Makalu ranges.

Day 9: Trek Yak Kharka to Thudam (3500 m)

6 Hrs | Breakfast, Lunch & Dinner | Homestay | Walking | 3500 m

The trek is downhill from Yakkharka as we arrive at civilization after a tiring walk for three days. A walk of about 6 hours takes us to Thudam for the village. Thudam is a small isolated village with around 30 houses Sherpa people.

Day 10: Trek Thudam to Kharka (2875 m)

7 Hrs | Breakfast, Lunch & Dinner | Camping | Walking | 2875 m

Today the trek runs along the bank of Chujung Khola. The trail offers a panoramic view of peaks in the Makalu range. On the way, you will see a lot of small bushes and bamboo groves - the best habitat for the red panda. After walking through many ups and downs we reach Kharka for the camp tonight.

Day 11: Trek Kharka to Chyamthang (2230 m)

6 Hrs | Breakfast, Lunch & Dinner | Homestay | Walking | 2230 m

The trail passes through dense rhododendron forest. As there are no villages on the way and also there are numerous side trails. After a walk of about three hours from Kharka, we reach a place called Chaurikharka for lunch. From Chaurikharka, we can clearly see Chyamtang, Arun River. After lunch, the trail heads downhill for about three hours until we reach Arun River. After crossing the suspension bridge over the Arun, the trek is uphill for about an hour until Chyamthang.

Day 12: Trek Chyamthang to Hatiya (1560 m)

7 Hrs | Breakfast, Lunch & Dinner | Homestay | Walking | 1560 m

The trail passes through the rhododendron forest from Chyamthang and takes us to Gimber Village for lunch. Gimber Village offers a spectacular view of snowcapped peaks in the Makalu range. From Gimber, the walk is easy and after a trek of about three hours, we reach Hatiya for the night's stay. Hatiya - a small village of Bhote people.

Day 13: Trek Hatiya to Gola (1410 m)

6 Hrs | Breakfast, Lunch & Dinner | Homestay | Walking | 1410 m

The trek runs along the banks of the Arun River today. After a walk of about two and a half hours from Hatiya, we reach the confluence of the Arun and Barun rivers. After having lunch near the river confluence, the trek progressed toward Gola - our destination for the day.

Day 14: Trek Gola to Ghadi (1800 m)

7 Hrs | Breakfast, Lunch & Dinner | Homestay | Walking | 1800 m

The trek passes through paddy fields we are at the lowlands now. The walk is pleasing as the trail makes a short descent but again makes a short climb. After a walk of about two and half hours from Gola, we reach Pathibhara for lunch. The trail after lunch passes through agricultural land and we can find plenty of water sources and small settlements along the way. We reach Gadhi for our destination of the day.

Day 15: Trek Gadhi to Num and drive to Tumlingtar (400 m)

7 Hrs | Breakfast, Lunch & Dinner | Guest House | Walking & Jeep | 400 m

This is the last day of our trek. From Gadhi, the trek is about an hour downhill to the Arun River. After crossing the river, an uphill climb of about 2 hours takes us to the Num village. As Num is linked with a road, we will take a jeep to Tumlingtar. A drive of around 4 hours on a dirt road takes us to Tumlingtar where there is an airstrip.

Day 16: Fly back to Kathmandu (1340 m) 35 minutes Hotel

1 hr | Breakfast, Lunch & Dinner | Hotel | Plane | 1400 m

After breakfast, we fly back to Kathmandu and then transfer to the hotel. Free afternoon in Kathmandu.

Cost Includes

- Pickups and drops from hotels and airports.
- All necessary paperwork and permits (National park permit, TIMS)
- All government and local taxes.
- Necessary insurance for trekking staff
- Domestic flights Kathmandu – Tumlintar – Kathmandu
- Guesthouse accommodation during the trek
- Three Times meals during the trek.
- All surface transportation to the starting point and from the ending point of the trek
- An experienced English speaking guide trained by the government of Nepal
- Sleeping bags and down jackets for the trek (should be refunded after the trek)
- Hotel in Kathmandu for 2 nights, in twin-sharing room with breakfast
- A comprehensive medical kit
- Staff Insurance
- Trekking Map

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Cost Excludes

- Alcohol, laundry and other personal expenses
- Travel, accidental/ health insurance (mandatory).
- Beverage bills, bar bills, and personal expenses
- International airfare and airport tax and visa fee.
- Emergency evacuation
- Excess baggage charges (if you have more than 10 kg of luggage, a cargo charge is around $1.5 per kg)
- Extra night accommodation in Kathmandu because of early arrival, late departure, early return from mountain (due to any reason) than the scheduled itinerary
- Lunch and evening meals in Kathmandu (and also in the case of early return from the mountain than the scheduled itinerary)
- Optional trips and sightseeing if extended
- Tips

Trip Map

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