Kathmandu Rim Bike Tour

DURATION: 3 DAYS

Trip Facts

Group Size 1 - 10 Persons

Trip Grade Easy

Max Height 2200 Metres

Start From Kathmandu

End At Kathmandu

Duration 3 Days

Trip Overview

Kathmandu Rim Bike Tour is the perfect mountain biking experience for those adventurers with a short time frame and low budget. Mountain biking around Kathmandu valley gives great landscape views of the valley and mountains while allowing the cyclist to explore the cultural highlights as well. The biking trail passes on the graveled road of Shivapuri National Park and other hills surrounding the valley. It passes through Chisapani, a village of mixed cultures including Tamang, Sherpa, and Magar ethnic groups. See the sunrise views of the great Himalayan range. The trail also goes to Nagarkot, a **famous tourist destination** for sunrise and sunset views. In between Chisapani and Nagarkot, we will ride on a single track and feel the excitement of riding through nature and seeing

wildlife. At the end of our tour, we will visit the ancient Chyangu Narayan temple, listed as a UNESCO world heritage site Kathmandu Valley historically known as Nepal Valley or Nepal Valley lies at the crossroads of ancient civilizations of the Indian subcontinent and the broader Asian continent, and has at least 130 important monuments, including several pilgrimage sites for Hindus and Buddhists.

There are seven World heritage sites within the valley. Historically, the valley and adjoining areas made up a confederation known as the Nepal Mandala. Until the 15th century, Bhaktapur was its capital, when two other capitals, Kathmandu and Lalitpur(Patan), were established. **Kathmandu rim bike tour** is the most developed and populated place in Nepal. The majority of offices and headquarters are located in the valley, making it the economic hub of Nepal. It is popular with tourists for its unique architecture and rich culture that includes the highest number of Jatras (street festivals) in Nepal. The valley itself was referred to as " Nepal Proper" by British historians.

Trip Itinerary

Day 1 Kathmandu To Chisapani (2135 m)

We will start riding for the Kathmandu rim bike tour at 7 am in the morning after breakfast at the hotel. It takes about 30 mins to reach Budhanilkantha, where we will stop for sightseeing of the Sleeping Hindu god (Bishnu). After that, we continue to ride approx 5 km gradually uphill till the Nagi Gumpa. The ride becomes easier as the single track and flattening down till Mulkharka. We stop for the lunch and continue to ride to Chisapni through the jungle. ChisaPani is mostly famous for sunrise/sunset views, where we can capture many Himalayan peaks including Annapurna, Dhaulagiri, Langtang, and many more.

Day 2 Chisapani To Nagarkot (2195 m)

We will ride after breakfast having a sunrise view from Chisapani to Nagarkot through green forest and on a single track. The ride will be very interesting because of the chirping of birds, superb views of the Himalayas around the villages, and rice-paddy terrace fields. We will stop for our lunch at a place called Jule. We will stay overnight in Nagarkot.

Day 3 Nagarkot To Kathmandu (1400 m)

Early in the morning, we will have a sunrise view from Nagarkot either from Nagarkot Hotel or Viewtower for the best view. Then after breakfast, we will start riding towards the Chyangunarayan Temple which is a Hindu temple. Lunch at Chyangunarayan and back to Kathmandu, where the tour ends.

Cost Includes

- Breakfast, lunch, dinner according to available menus
- Hot water, coffee, snickers, fruit
- Accommodation in teahouses and lodges
- Experienced mountain bike guide
- National park entry permits and other permits
- First aid kit and repair kits

- Bike and helmet
- Nepali field staff insurance, accommodation, and food

Cost Excludes

- Travel, accidental/ health insurance (mandatory).
- International airfare
- Emergency evacuation
- Nepal visa
- Airport tax
- Tips
- Broke and damage