

Larke Peak Climbing

DURATION: 14 DAYS

Trip Facts



Group Size 1 - 10 Persons



Trip Grade Challenging



Accommodation Hotel, Guest House / Tea House, Camping



Max Height 6429 Metres



Start From Kathmandu



End At Kathmandu



Transportation Plane, Bus, Jeep



Duration 14 Days



Meals included Breakfast, Lunch & Dinner Days



Best season:

April - May, September - November

Trip Overview

Larke Peak Climbing in Manaslu National Park offers a unique and unexplored trail, surrounded by lush rhododendron forests, birds, and butterflies. The trail provides a unique experience with the warm sun and cool mountain breeze, and offers stunning views of the world's highest lake, Tilicho Lake, at 4919 m. Larkya Peak Climbing offers a tailored trekking and climbing experience in Nepal, tailored to your schedule and time frame. Climbing peaks in the Himalayas requires thorough research, physical fitness, and prior climbing experience. Proper gear and equipment, such as climbing boots, crampons, ice axes, ropes, harnesses, helmets, and appropriate clothing, are essential for success. Hire experienced guides or reputable climbing agencies for logistics and support. Obtain permits and regulations from the respective authorities and adhere to local regulations. Plan your expedition during the most favorable climbing season to increase your chances of success and safety.

Prioritize safety and responsible climbing practices during your expedition. Ensure that you have undergone proper training and have the necessary skills to handle the challenges of climbing. Familiarize yourself with emergency procedures and carry a first aid kit in case of any injuries or accidents. Additionally, always stay updated on weather conditions and be prepared to adjust your plans accordingly to ensure a safe and successful climb.

**Trip Itinerary**

Day 1 Kathmandu – Sotikhola (715 m)



8 Hrs



Breakfast, Lunch & Dinner



Guest House



Bus



715 m

We start our drive early in the morning northwards following Budi Gandaki River. It's a scenic drive through the beautiful Nepalese villages. We will have a comfortable ride until Dhading Besi as the road is paved. We will then leave for Arughat and then to Soti Khola on a dirt road with bumpy rides. We will be driving through beautiful green hills, dense forests, thundering rivers and traditional settlements of Nepalese communities. We will stop at Soti Khola for an overnight stay.



Day 2 Sotikhola – Labubesi / Machhakhola (870 m)



7 Hrs



Breakfast, Lunch & Dinner



Guest House



Walking



870 m

Today, we start trekking in the morning. And after crossing the bridge, the trek climbs up onto a ridge above the huge rapids of Budhi Gandaki and reaches to Khorsaani. Then, the trail, gets a bit precarious as it passes over a big rock and crosses a stream. The rocky trail then goes up and down through a large stand of nettles, passes tropical waterfalls, and again backs down to the bank of Budhi Gandaki.



Day 3 Machhakhola – Jagat (1410 m)



6 Hrs



Breakfast, Lunch & Dinner



Guest House



Walking



1410 m

After a few more ups & downs, we reach to Tatopani. From the hot spring we climb over another ridge, then cross the Budhi Gandaki on a suspension bridge. Climb on over a ridge to Dobhan. Crossing a suspension bridge over the Dobhan Khola, the trail climbs on a rugged trail to Duman. we climb the stone stairs and then drop to the river and again climb more stone stairs to Tharo Bharyang. Trek along the Budhi Gandaki river then climb towards the village of Jagat.

Day 4 Jagat – Ngyak (1950 m)

 6 Hrs  Breakfast, Lunch & Dinner  Guest House  Walking  1950 m

The day begins by following the river bank again for the first hour up to Ghata Khola. We then cross to the eastern bank before ascending to Philim, one of the few large settlements on this route and home to the Manaslu Conservation Area Project office.

Day 5 Ngyak – Ghap (2050 m)

 6 Hrs  Breakfast, Lunch & Dinner  Guest House  Walking  2050 m

The trek takes us through a heavily forested area in a narrow valley until we reach the little settlement of Dang. We then cross the Budhi Gandaki River where the valley opens and we begin our ascent to Rana.

Day 6 Ghap – Lho (3148 m)

 7 Hrs  Breakfast, Lunch & Dinner  Guest HOUse  Walking  3148 m

Slowly and gradually we gain altitude and enter into alpine territory. We also have increasing mountain views. On the way to Manrung, we find more Mani walls and three more crossings of the Budi Gandaki. Finally, we reach Lho where we will stay overnight.



Day 7 Lho – Samagaon (3517 m)

5 Hrs Breakfast, Lunch & Dinner Guest House Walking 3517 m

Today, we resume the trek with a steep descent and a crossing of yet another rock-strewn torrent called Thusang Khola. You will realize that Manaslu and Himalchuli dominate the entire landscape. Then on, across the glacier-fed Numla Khola, the valley drops away to a moraine while we follow the ancient trans-Himalayan trail now just a few kilometers from Tibet. MEALS: Breakfast, Lunch & Dinner



Day 8 Samagaon – Samdo (3738 m)

5 Hrs Breakfast, Lunch & Dinner 5 Hrs Walking 3738 m

Descend to the Budi Gandaki, which has turned north, and follow it to a bridge over a side stream. The trail to the left leads to the Manaslu Base camp. The Larkya la Trail passes several mani walls as the valley begins to widen. It is an easy trail on a shelf above the river passing the juniper and birch forests of Kermo Kharka. We drop off the shelf, cross the Budhi Gandaki on a wooden bridge and climb steeply onto a promontory between two forks of the river.



Day 9 Samdo – Larke Peak Base Camp (5135 m)

5 Hrs Breakfast, Lunch & Dinner Camping Walking 5135 m

Today we set off to the Larke Peak Base Camp. We will stay here in tented camp near Larke La Pass. After setting the camp there, some briefing about climbing techniques is held. So our staff provide/share basic climbing knowledge each other. Overnight in tent.

Day 10 Climbing day (6249 m) Summit and back to Base Camp

 6 Hrs  Breakfast, Lunch & Dinner  Walking  Walking  6249 m

Exciting and hard days of your trip, what it will be? It is definitely the peak climbing period of trip. These two days are most challenging and tough. Start your climbing, proceed your climbing, and get to your dream. These days are for staying in camp inside the tent. Nights in tent, we can observe Mount Manaslu, Annapurna Himalaya range, Kusum Kangharu and some glorious views to of Larke peak summit.

Day 11 Larke Base Camp– Bhimtang (3890 m), Larky La Pass

 8 Hrs  Breakfast, Lunch & Dinner  Guest House  Walking  3890 m

An early morning start is needed for what is to be a particularly tough and extended day. We start at approx. 4 am to avoid the gale-force wind which usually gains in strength after mid-day at the pass. After a long gradual climb alongside a moraine, we make a short descent to a glacial lake and reach the head of the moraine (4700m) which we cross to climb to the ridge top. Four frozen lakes lie below and then it is up to the crest of the Larkya La (5100m). The reward for these difficult trekking conditions is brilliant westerly views of Himlung Himal, Kanguru and Annapurna II as well as the looming omnipresence of Manaslu. Well, the descent is hardly any easier; we drop around 650m in less than an hour.



Day 12 Bhimtang – Tilje (3010 m)

7 Hrs Breakfast, Lunch & Dinner Guest House Walking 3010 m

The toughest days on the trail are behind us. We descend through meadows and through pine and rhododendron forest to reach Hampuk and then after dropping further following the course of the Dudh Khola we arrive at Karcher and then onto the village of Gho. Keeping the west bank of the river, the afternoon is one of the gradual descents to the Gurung Settlement of Tilje which has a certain notoriety for apple brandy. We stay overnight in Tilje (2300m) at a local lodge.



Day 13 Tilje – Darapani (1725 m)

7 Hrs Breakfast, Lunch & Dinner Guest House Walking 1725 m

Trek goes along the Dudh Khola, a tributary of the Marsyangdi River, before arriving at the confluence in Dharapani. Today the trail runs gently downstream of the river passing the village of Darapani where we stay overnight.



Day 14 Darapani – Kathmandu (1400 m)

9 Hrs Breakfast, Lunch & Dinner Hotel Bus 1400 m

After completing this wonderful Manaslu Trek, we today drive back to Kathmandu. After arriving at Kathmandu, in the evening, we will enjoy our farewell dinner party.

Cost Includes

- ✓ Three Times Meals during the trek
- ✓ Accommodation in guesthouses during the trek
- ✓ Government licensed, experienced English speaking guide
- ✓ One porter for 2 people
- ✓ Food, accommodation, salary, insurance, equipment, and medicine for all staff.
- ✓ All government taxes.
- ✓ One trekking map per person
- ✓ Permits and conservation fees
- ✓ Sleeping bags and Down jackets for the trek (should be refunded after the trek)
- ✓ Surface transportation.
- ✓ First aid kit
- ✓ Especially permit for Manaslu
- ✓ Climbing fee and Permit
- ✓ Climbing Gear



Cost Excludes

- ✕ Your travel and rescue insurance.
- ✕ Nepal entry visa
- ✕ Tips for guide, porter and driver.
- ✕ Beverage bills, bar bills, telephone bills and Personal expenses.
- ✕ Excess baggage charges (if you have more than 10 kg of luggage, a cargo charge is around \$1.5 per kg)
- ✕ Extra night accommodation in Kathmandu because of early arrival, late departure, early return from mountain (due to any reason) than the scheduled itinerary
- ✕ Lunch and evening meals in Kathmandu (and also in the case of early return from the mountain than the scheduled itinerary)
- ✕ Optional trips and sightseeing if extended



Trip Map