Lumba Sumba Peak Climbing

DURATION: 18 DAYS

Trip Facts

Group Size 1 - 10 Persons

Trip Grade Easy

Accommodation Hotel / Tea House / Camping

Max Height 5800 Metres

Start From Kathmandu

End At Kathmandu

Transportation Plane & Jeep

Duration 18 Days

Meals included Breakfast, Lunch & Dinner Days

Best season:
March - May, September - November

Trip Overview

Lumba Sumba Peak Climbing is a new trekking and climbing route in the eastern Himalayas region, focusing on the Kanchenjunga and Makalu Conservation Areas. The route offers spectacular Himalayan landscapes, alpine grasslands, rocky outcrops, dense temperate and subtropical forests, and low river valleys. The route also includes high mountain lakes in Olangchung Gola and the Tamor and Arun River systems, which are major tributaries of the Sapta Koshi River. Trekkers can encounter various wildlife species, including the endangered snow leopard and red panda. The route is home to various ethnic groups, including the Limbus, Sherpas, Rai, Gurung, Magars, Newars, and Tamangs. The trek passes through diverse land topography, forests, and villages, with stunning views of Kanchenjunga, Yalungkang, Mt. Jannu, Makalu, Lhotse, and Mt. Everest. Climbing Himalaya offers customized Lumba Sumba peak climbing tours, including logistics, transportation, accommodation, and a professional climbing guide.Lumba Sumba Peak Climbing is a challenging and culturally diverse expedition in Nepal's eastern region, located in the Makalu-Barun National Park. The trek takes participants through untouched landscapes, including dense forests, alpine meadows, glacial lakes, and picturesque valleys.

The base camp is typically at a high-altitude location. **The climb is technical and requires mountaineering skills** and proper equipment. The best seasons for Lumba Sumba Peak Climbing are spring (April to May) and autumn (October to November), with stable weather and clear skies. The expedition is suitable for experienced climbers with excellent physical fitness and previous high-altitude climbing experience. Proper gear, permits, and ethical climbing practices are essential for a successful and enjoyable ascent.Lumba Sumba Peak, standing at an elevation of 5,160 meters, offers breathtaking views of the **surrounding Himalayan peaks** and the stunning landscapes below. The climb involves traversing steep ridges, navigating crevasses, and crossing glaciers, making it a challenging yet rewarding adventure. It is important for climbers to acclimatize properly and be prepared for unpredictable weather conditions in order to ensure a safe and successful ascent.

MOUNT ADVENTURE HOLIDAYS

Trip Itinerary

Day 1 Arrive in Kathmandu (1400 m)

Bed & Breakfast 1400 m

Arrive in Kathmandu and transfer to the hotel, which is close to a multitude of shopping centers and restaurants.

Day 2 Fly to Bhadrapur - Taplejung by jeep (1780 m)

8 Hrs Breakfast, Lunch & Dinner Guest House Plane & Jeep 1780 m

Early morning drive to Kathmandu airport then takes a domestic flight to Bhadrapur. We'll drive the same day to Taplejung by jeep through the beautiful tea gardens of Jhapa and Illam.

Day 3 TAPLEJUNG TO LELEP (1940 m) DRIVE BY PRIVATE JEEP

5 Hrs Breakfast, Lunch & Dinner Tea House Jeep 1940 m

Today we will head towards the Mitlung/Sinuwa by crossing the small river over the suspension bridge. Then our trail descends down to Tamor Riverwalk through villages and terraced fields. Some irregular villages give us an opportunity to meet local people. Upon arriving at Tamor River, we follow some narrow trails close to the river. Then a gradual uphill trail through the terraced fields and few houses take to the village of Hellok.

Day 4 Trek Lelep to Ela danda (2150 m)

5 Hrs | Breakfast, Lunch & Dinner | Tea House | Walking | 2150 m

After breakfast, the trek runs along the bank of Tamor River through dense forest that offers good habitat for different wildlife species. We cross a suspension bridge after a walk of about an hour from Lelep then it is an uphill climb through pine forest for about half an hour until we reach a monastery. From there, the trek gradually descends after about half an hour and we reach Gowatar (1800m) for lunch. Gowatar is a small settlement with a few houses. Near the village, there is a big stone and it is believed that only the religious people can move them. After a walk of around half hour from Gowatar, we reach a place that offers spectacular views of two waterfalls about 100 meters tall.

Day 5 Trek Ela Danda to Selep Kharka (2525 m)

5 Hrs | Breakfast, Lunch & Dinner | Tea House | Walking | 2525 m

Today the walk is pleasant as it passes through Ulnus and Rhododendron forest for about an hour until we reach a suspension bridge. After crossing the suspension bridge, the trek passes through dense bamboo groves. This place is popular among trekkers as it is the habitat of the red panda. If you are lucky, we might catch a sight of the red panda! We reach Maguwa (2435m) for lunch. After lunch, the trail passes through maple and Ulnus forest. There is a big landslide on the way before we reach Selep Kharka(3210m).

Day 6 Trek Selep Kharka to Olangchung Gola (3210 m)

6 Hrs | Breakfast, Lunch & Dinner | Tea House | Walking | 3210 m

Today we trek along the banks of Tamor River leading to a place called Jongim, a flat land surrounded by snow capped hills. After a walk of about 2hrs, we reach a suspension bridge. Then we climb uphill from the suspension bridge and reach Ramite (2685m) for lunch. We continue the ascending walk, then we catch the first glimpse of Olangchung Gola from the waterfall. After a climb of about 40 minutes, we finally reach the camping site. Olangchung Gola is a beautiful Sherpa village with around 45 houses, a 465 years old monastery with a golden manuscript, and a KCAP office.

Day 7 Trek Olangchung Gola to Upper Langmale Kharka (3890 m)

7 Hrs | Breakfast, Lunch & Dinner | Camping | Walking | 3890 m

The trek from today onwards will pass through complete wilderness. The trek passes through pine and rhododendron forests. After a walk of two and half hours, we reach a place called Jadak (3630m) for lunch. Then we walk of other valley towards Lumba Samba three hours on rhododendron and mixed forests take us to our camping site at Upper Langmale.

Day 8 Trek Upper Langmale Kharka to Pass Camp (4750 m)

7 Hrs | Breakfast, Lunch & Dinner | Camping | Walking | 4750 m

The trek can be interesting today as snow leopards have been sighted numerous times on this trek. The trek runs along the small riverside lies dense rhododendron forest. After a walk of about three hours, we reach Tangchetar (4200m) for lunch.

Day 9 Trek to Lumba Sumba peak base camp (5200 m)

5 Hrs | Breakfast, Lunch & Dinner | Camping | Walking | 5200 m

Today we set off to the Lumba Sumba Peak Base Camp. We will stay here in a tented camp near Lumba Sumba Pass. After setting the camp there, a briefing about climbing techniques is held. So our staff provides/share basic climbing knowledge with each other. Overnight in a tent.

Day 10 Summit Day

7 Hrs | Breakfast, Lunch & Dinner | Camping | Walking | 5740 m

Exciting and hard days of your trip, what it will be? It is definitely the peak climbing period of the trip. These two days are most challenging and tough. Start your climbing, proceed with your climbing, and get to your dream. These days are for staying in camp inside the tent. Nights in tent. we can observers Mount Kanchenjunga, Mount Jannu,Makalu,Lhotse,Mount Everest himalayas range, and some glorious views of Lumba Sumba peak summit.

Day 11 Trek Pass camp to Yak Kharka (4590 m)

7 Hrs | Breakfast, Lunch & Dinner | Camping | Walking | 4590 m

This would be the most difficult yet most memorable day of this trek. Today the trek will pass through the Lumba Sumba Pass (5200m). It is better to start early as it will be difficult to cross the past afternoon. After a walk of about four and half hours from Pass Camp, we reach the Lumba Sumba Pass

which offers panoramic Himalayan views of eastern Nepal including the Kanchenjunga, Jannu Himal, and Makalu ranges.

Day 12 Trek Yak Kharka to Thudam (3500 m)

6 Hrs | Breakfast, Lunch & Dinner | Tea House | Walking | 3500 m

The trek is downhill from Yakkharka as we arrive at civilization after a tiring walk for three days. A walk of about 6 hours takes us to Thudam for the village. Thudam is a small isolated village with around 30 houses of Sherpa people.

Day 13 Trek Thudam to Kharka (2875 m)

7 Hrs | Breakfast, Lunch & Dinner | Camping | Walking | 2875 m

Today the trek runs along the bank of Chujung Khola. The trail offers a panoramic view of peaks in the Makalu range. On the way, you will see a lot of small bushes and bamboo groves – the best habitat for the red panda. After walking through many ups and downs we reach Kharka for the camp tonight.

Day 14 Trek Kharka to Chyamthang (2230 m)

6 Hrs | Breakfast, Lunch & Dinner | Tea House | Walking | 2230 m

The trail passes through dense rhododendron forest. As there are no villages on the way and also there are numerous side trails. After a walk of about three hours from Kharka, we reach a place called Chaurikharka for lunch. From Chaurikharka, we can clearly see Chyamtang, Arun River. After lunch, the trail heads downhill for about three hours until we reach Arun River. After crossing the suspension bridge over the Arun, the trek is uphill for about an hour until Chyamthang.

Day 15 Trek Chyamthang to Hatiya (1560 m)

7 Hrs | Breakfast, Lunch & Dinner | Tea House | Walking | 1560 m

The trail passes through rhododendron forest from Chyamthang takes us to Gimber Village for lunch. Gimber Village offers spectacular view of snowcapped peaks in the Makalu range. From Gimber, the walk is easy and after a trek of about three hours we reach Hatiya for the night's stay. Hatiya – a small village of Bhote people.

Day 16 Drive Hatiya to Num and drive to Tumlingtar (400 m)

7 Hrs | Breakfast, Lunch & Dinner | Guest House | Walking & Jeep | 400 m

This is the last day of our trek. From Hatiya, the trek is about an hour downhill till the Arun River. After crossing the river, an uphill climb of about 2 hour takes us to the Num village. As Num is linked with a road, we will take a jeep to Tumlingtar. A drive of around 6hours on dirt road takes us to Tumlingtar where there is an airstrip.

Day 17 Fly back to Kathmandu (1400 m)

45 Min | Breakfast | Hotel | Plane & Car | 1400 m

After breakfast we fly back to Kathmandu then transfer to the hotel. Free afternoon in Kathmandu.

Day 18 Final Departure - Hotel to Airport 30 minutes

On the final departure our office staff will drop you at the international airport. If your flight time is in the evening or afternoon we can arrange sightseeing in the Kathmandu Valley (Pashupatinath, Monkey Temple, Boudhanath Stupa etc) at an extra cost.

Cost Includes

- Airport/hotel pick up and drop off by private car
- Langtang National Park permits and TIMS
- Food, accommodation, salary, insurance, equipment, and medicine for all staff
- Government licensed, experienced English speaking guide
- Transportation Kathmandu-Swyabrubesi and Swyabrubesi-Kathmandu
- ll guesthouse accommodation during the trekking period and North Face, Salewa, Mountain Hardware, or similar tented camp accommodation during the climbing period.

- All government taxes.
- Mount Adventure Holidays sleeping bag and down jacket, duffel bag, area map.
- Group climbing equipment including ropes, ice screws, snow bars, harness, carbine, eight-figure, etc.
- High altitude climbing leader (Sherpa guide) licensed by Nepal Mountaineering Association (NMA).
- Sleeping bags and down jackets for the trek (should be refunded after the trek)
- One trekking map per person
- First aid kit
- fresh fruit

Cost Excludes

- Bar bills and other personal expenses
- Beverage bills, bar bills, telephone bills, and Personal expenses.
- Travel and rescue insurance
- Tips for guide, porter, and driver.
- Lunch and evening meals in Kathmandu (and also in the case of early return from the mountain than the scheduled itinerary)
- Extra night accommodation in Kathmandu because of early arrival, late departure, early return from mountain (due to any reason) than the scheduled itinerary
- Lunch and evening meals in Kathmandu (and also in the case of early return from the mountain than the scheduled itinerary)
- Optional trips and sightseeing if extended

Trip Map