# Kanchenjunga Expedition

DURATION: 60 DAYS

### Trip Facts

**Group Size** 1-8 Persons

**Trip Grade** Challenging

**Accommodation** Hotel-Camping

**Max Height** 8586 Metres

**Start From** Kathmandu

**End At** Kathmandu

**Transportation** Flight-Car-Bus

**Duration** 60 Days

**Meals included** Breakfast-Lunch-Dinner Days

**Best season:**
Spring

## Trip Overview

**Kanchenjunga Expedition** in Nepal is a challenging mountaineering adventure that involves climbing Mount Kanchenjunga, the world's third-highest mountain. The expedition is characterized by remoteness, unpredictable weather conditions, technical challenges, and high altitude, requiring significant mountaineering experience, physical fitness, and mental toughness. Climbers must obtain permits from the Nepalese government, which can **take 60–70 days.** The journey to the base camp involves walking through remote landscapes and forests. The ascent usually involves setting up several high-altitude camps, with the standard route being the northeast ridge. Sherpa's support is crucial for ensuring safety and success. The expedition faces inherent risks like altitude sickness, avalanches, and extreme weather. Responsible and sustainable mountaineering practices are essential to preserving delicate mountain ecosystems.

Mountaineers must undergo rigorous **physical training and acclimatization** before attempting the climb. They also need to carry specialized equipment, such as oxygen tanks and crampons, to navigate the treacherous terrain. Additionally, proper waste management is crucial to minimizing environmental impact and maintaining the pristine beauty of the mountains.

## Trip Itinerary

### Day 1: Arrival in Kathmandu

1 | Breakfast | Hotel | Car | 1400 m

- Arrive in Kathmandu, the capital of Nepal.

- Meet with the expedition team, complete necessary paperwork, and discuss the itinerary and preparations.
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## Day 2: Kathmandu - Fly to Taplejung or Drive to Taplejung

6 Breakfast-Lunch -Dinner Hotel Flight-Jeep-Bus 1800 m

- Take a domestic flight from Kathmandu to Taplejung, or if not available, drive to Taplejung from Kathmandu.
- Prepare for the trek and check equipment.

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## Day 3-10: Trek to Base Camp

3-10 Breakfast-Lunch -Dinner Hotel-Lodge Trekking 4500 m

- Start the trek from Taplejung, passing through various picturesque villages and beautiful landscapes.
- Trek through places like Chirwa, Sekathum, Amjilosa, Ghunsa, and Kambachen, gradually gaining altitude.
- Acclimatize to the increasing elevation.

## Day 11-16: Base Camp and High Camp Preparation

11-16 | Breakfast-Lunch -Dinner | Camping | Climbing | 5160 m

- Arrive at Kanchenjunga Base Camp.
- Set up the base camp and acclimatize.
- Prepare gear and provisions for the ascent.

## Day 17-40: Climbing Period

17-40 | Breakfast-Lunch -Dinner | Camping | Trekking-Climbing | 8586 m

- Begin the ascent of Kanchenjunga, establishing higher camps along the route.
- Advance up the mountain, making progress based on the expedition's pace and weather conditions.
- Reach Camp 1, Camp 2, and possibly Camp 3 or higher, depending on the chosen route and the team's acclimatization status.
- Plan summit attempts based on the weather window.

## Day 41-45: Summit Attempt and Descent

41-45 Breakfast-Lunch -Dinner Camping Climbing-Walking-Trekking 8586 m

- Make summit attempts if weather conditions permit.
- Summit day! Reach the peak of Kanchenjunga if successful.
- Descend carefully, making the journey back to lower camps and eventually to Base Camp.

## Day 46-53: Trek Back

46-53 Breakfast-Lunch -Dinner Camping Climbing-Trekking 5160 m

- Trek back through the same route taken during the approach.
- Take it slow to allow for adequate rest and recuperation.

## Day 54-57: Return to Kathmandu

54-57 Breakfast-Lunch -Dinner Hotel Flight-Car 1400 m

- Arrive back in Taplejung or nearby village.
- Fly or drive back to Kathmandu.
- Rest, celebrate the expedition's success, and debrief with the expedition team.

### Day 58: Contingency Day

6 Breakfast Hotel Car 1345 m

Reserve a contingency day to account for possible delays due to bad weather or other unforeseen circumstances.

### Day 59: Departure from Kathmandu

1 Brekfast Hotel Car-Flight 1400 m

Depart from Kathmandu and head back home or to your next destination.

## Cost Includes

- All arrival and departure transfers to and from the International airport with other necessary surface transport as per itinerary.
- Assistance at the Kathmandu International Airport by Mount Adventure Holidays during your arriving and departing flights.
- Experienced and government-licensed trekking and climbing Sherpa guide during the trekking and climbing period.
- The appropriate number of porters during the trekking period.
- Land transportation during the trip for all clients, Sherpa guide, liaison officer, and kitchen staff.
- All kitchen tents, storage tents, dining tents, client tents, toilet tents, tables, chairs, and cooking utensils at base camp.

- Standard climbing equipment like rope, ice bars, ice screws, and snow bars.
- 3 meals a day: Breakfast, lunch, and dinner with tea and coffee.
- Accommodation at hotel/lodge/guest house or tent camps during trekking.
- All camping accommodations for members and staff during the trekking and climbing period. You will be sharing sleeping quarters with one other member.
- All food and fuel for base camp during the climbing period.
- 50kg baggage allowance per person during the trekking period. will be carried by porter/mules.
- Daily weather report services.
- Services of chef and kitchen assistant at advanced base camp.
- Trekking permit (Kanchenjunga Conservation Park entry fee).
- TIMS card (Trekking Information Management System).
- Kanchenjunga restricted area trekking permit during the period of expedition.
- Expedition royalty and permit of Nepal government to climb Mt. Manaslu.
- Nepalese government royalty.
- All wages, equipment, medical and accident insurance for all involved staff during the trekking and climbing period.
- Helicopter rescue insurance for all involved expedition staff.
- Medical consultation services at the base camp with the HRA clinic at the base camp.
- Equipment allowances and wages for chefs, kitchen assistants, and government liaison officers.
- First aid medical kits for the group and the staff.
- A satellite phone carried by the guide for communication is available upon request for clients at the cost of $ 4 USD per minute.
- A heater will be provided at the base camp for the dining tent.
- Emergency oxygen mask and regulator provided for clients if needed. An appropriate charge will apply.
- Each expedition member will have an individual tent available in the Manaslu advanced base camp.
- Solar panel for light and electronics charging.
- Gamow Bags (Portable hyperbolic chambers) for high altitude sickness.
- We provide Sherpa's tents, food for climbing, and insurance.
- Free assistance service for cargo clearance and duties.
- Transportation of food supply from Kathmandu to base camp by porter/mules.
- Our service charge and government taxes are levied in Nepal.

- Complete pre-departure information.
- Flight ticket reconfirmation and visa extension procedure services.
- Farewell dinner in a typical Nepali restaurant with a cultural show in Kathmandu before departure.

## Cost Excludes

- unch and dinner during your stay in Kathmandu (except farewell dinner).
- Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, and nutrient bars.
- Items of personal nature, laundry expenses, tips.
- Expenses incurred from usage of landlines, mobile devices, walkie-talkies, satellite phones, and Internet.
- Clothing, packing items or bags, personal medical kit, personal trekking gear.
- Any extra services, products, offers, or activities that are not mentioned in the itinerary.
- Any extra expenses arising out of various/unforeseen situations like natural disasters, landslides, political disturbances, strikes, and changes in government regulations.
- Any additional staff other than the specified.
- Rescue, repatriation, medicines, medical tests, and hospitalization expenses.
- Medical insurance and emergency rescue evacuation if required.
- Travel insurance and helicopter rescue.
- Airfare for international flights.
- Nepal entry visa fee (Visa insurance is easy upon arrival).
- Ice fall garbage deposit fees (Sharing with another member) if applicable.
- Walkies talkies &filming permit.
- Ice falls charges.
- All tents for camps 1, 2, 3
- Personal climbing gear.
- Personal climbing Sherpa Guide(s).

MOUNT ADVENTURE HOLIDAYS

- Emergency oxygen and mask regulator.
- Our services will not be involved in any capacity above the advanced base camp. This means we do not allow any staff or equipment from Mount Adventure above ABC.
- High altitude food for Sherpa and clients.
- Nepal custom duty for import of expedition equipment.
- Tips, gifts, souvenirs.
- Any other item not included in the “THE PACKAGE COST INCLUDES” section.

## Trip Map