

# Kanchenjunga Base Camp Trek

DURATION: 18 DAYS

## Trip Facts



**Group Size** 1 - 10 Persons



**Trip Grade** Moderate



**Accommodation** Hotel-Guest House - Tea House



**Max Height** 5143 Metres



**Start From** Kathmandu



**End At** Kathmandu



**Transportation** Plane, Bus, Jeep



**Duration** 18 Days



**Meals included** Breakfast, Lunch & Dinner Days



**MOUNT**  
ADVENTURE HOLIDAYS

**Best season:**


March - May, September - November

**Trip Overview**

[Kanchenjunga base camp Trek](#) is a remote mountain trail ideal for trekkers who enjoy solitude. It is also an opportunity to reach the base camp of the world's third-tallest mountain. Located in the far north-eastern corner of Nepal, Mt. Kanchenjunga is considered to be one of the most beautiful mountain massifs, scaling 8,586m. Kanchenjunga Park itself is a wilderness virtually untouched by time and tourism, perfect for the adventurous trekker looking for something unique. The trek heads through diverse land topography, forests, and villages. You'll see central, south, and north Kanchenjunga, as well as Yalung Kang, Mt. Jannu, Makalu, Lhotse, and Mt. Everest, on the way to Selela Pass. Keep your eyes open, and you might see snow leopards, mask deer, and several species of birds, along with the country's most pristine oak and rhododendron forests. After trekking through the forested area, the trail winds into higher and harsher terrain. Cross the Mirgin-La pass at 4725 meters and enjoy the views of Makalu, Chamlang, and Everest. Next, you will pass the glacier, and finally, you will be rewarded with an incredible, close-up view of Kanchenjunga Peak as you approach the Kanchenjunga base camp at Pang Pema.

One of the best treks in the Kanchenjunga Himalayas Range, which looks like a Kanchenjunga base camp, is in the Taplejung district of Nepal. [Trekking Himalayas](#) for Treks and Trips info, and exploring the Nepal Himalaya adventure trips, we would like to organize the Kanchenjunga circuit tours as per our client's requirements or in a fixed package arranged by us to provide a different experience as compared to others. We offer a Package for Kanchenjunga base camp treks that covers logistics, Transportation, accommodation, and a Professional climbing guide—all of which are precisely what we need for Kanchenjunga circuit trips and at a reasonable price. Kanchenjunga trekking costs offered here are reasonable in the sense that we make sure that you have the best of everything. We would like to explore the Himalayas and make professional Treks in Nepal. All trekkers who want to be at the summit of their dreams on the Kanchenjunga base camp tours in Nepal, please feel free to connect with us at Explore Treks to achieve their most awaited dream. We believe we are proficient enough to handle any kind of problem perfectly and professionally.


**Trip Itinerary**

 Day 1 FLIGHT FROM KATHMANDU TO BHADRAPUR (93 m) 45 MINUTES FLIGHT THEN DRIVE TO TAPLEJUNG (1820 m)

 9 Hrs    Breakfast, Lunch & Dinner    Guest House    Plane , Bus    1820 m

Early in the morning, we take our flight to Bhadrapur from Kathmandu with the scenic view of the Eastern region. After 45 minutes of flight, we reach the Bhadrapur airport then we will take a car/jeep from Bhadrapur for Illam/Taplejung which will take Approx 8 hours of drive. We will stop in the beautiful tea garden of Illam also known as the garden of Nepal for our lunch. After our Lunch, we will decent upward from Illam for our overnight stay in Taplejung.

 Day 2 TAPLEJUNG TO HELLOK (1740 m)

 4 Hrs    Breakfast, Lunch & Dinner    Tea House    Jeep    1740 m

Today we will head towards the Mitlung/Sinuwa by crossing the small river over the suspension bridge. Then our trail descends down to Tamor Riverwalk through villages and terraced fields. Some irregular villages give us an opportunity to meet local people. Upon arriving at Tamor River, we follow some narrow trails close to the river. Then a gradual uphill trail through the terraced fields and few houses take to the village of Hellok.

 Day 3 HELLOK TO YASANG(2800 m)

 6 Hrs    Breakfast, Lunch & Dinner    Tea House    Walking    2800 m

Today we will trek to Mamasik from Hellok on our third day and we will decent upward slope with beautiful and friendly local people. Small tea breaks give us plenty of opportunities to encounter local people and have a look over beautiful houses and local domestic animals. We will walk along the Simbuwa Khola on our way to Mamasik and we spend our overnight in Mamasik.

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#### Day 4 YASANG TO TORTONG (2995 m)

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 6 Hrs    Breakfast, Lunch & Dinner    Tea House    Walking    2995 m

Today we march gradually ascending and following the Sibuwā river and cross the river again to our left side. A short steep uphill walk takes us a bit high and keeps the distance from Sibuwā River. We walk through the rhododendron and bamboo bushes and thick forest to reach Tortong and we can enjoy the wild animals like Red Panda, Wild Boar, Bear, Musk Deer, wild birds, and other different wild animals in our way and we will stay in Tortong for the overnight.

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#### Day 5 TORTONG TO CHERAM (3870 m)

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 5 Hrs    Breakfast, Lunch & Dinner    Tea House    Walking    3870 m

Today we will trek through the trail of the dense forest of beautiful bamboo and rhododendron which is accompanied by the river. After that we will walk along the Simbuwa Khola gradually uphill then after some time we will reach Cheram for the overnight stay.

## Day 6 CHERAM TO RAMCHE (4580 m)

 4 Hrs    Breakfast, Lunch & Dinner    Tea House    Walking    4580 m

We begin our short trek after breakfast. From Cheram, we ascend for some time before reaching the snout of the Yalung Glacier. It is a beautiful walk on a valley trail. We also cherish the views of several Himalayan peaks. We pass through a small settlement of Lapsang before reaching Ramche. Overnight in Ramche.

## Day 7 RAMCHE TO YALUNG BASE CAMP (4500 m) TO CHERAM

 4 Hrs    Breakfast, Lunch & Dinner    Tea House    Walking    4500 m

From Ramche, we walk further up the valley. We then follow a stream before climbing on the moraine top until confronted by Kanchenjunga's southern face. We walk further ahead for a glimpse of the Jannu Himal. We continue our trek further towards the Oktang Monastery. From here, we climb further up and reach the Yalung Base Camp. The views from the base camp are extraordinary. Kumbakarna (Jannu), Nyukla Lachung, and other Himalayan peaks are close by. We descend and spend the night at Cheram.

## Day 8 CHERAM TO SELE LA (4290 m)

 6 Hrs    Breakfast, Lunch & Dinner    Tea House    Walking    4290 m

We begin our trek after breakfast. We cross four passes today beginning with Sinelapche Bhanjyang. After crossing the pass we continue to Mirgin La pass. We continue trekking and reach the Sinon La pass which is not very far. From here, we ascend to Sele La pass. There are prayer flags strung across one of the steeper sections of the trail which is very near to the Sele La pass. We cross the pass. Overnight in Sele La.

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### Day 9 SELE LA TO GHUNSA (3,595 m)

 4 Hrs    Breakfast, Lunch & Dinner    Tea House    Walking    3595 m

We begin our trek after breakfast. We walk towards the north with Tangbgharma Danda nearby. We reach a chorten marked by prayer flags which marks the start of a steep trail. We descend through rhododendron, birch, and pine forests before reaching Ghunsa. It is a beautiful village of houses with Day.

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### Day 10 REST AND EXPLORATION DAY IN GHUNSA

 Breakfast, Lunch & Dinner    Tea House    3595 m

Ghunsa is a beautiful settlement of Sherpa people with their beautiful culture and lifestyle, so we will take a day off for the rest in Ghunsa and explore the beautiful Ghunsa. We will visit the Monastery, Juniper, and incense factory with antique shops of handmade carpets. Ghunsa is the gateway of North and the South Base camp of Kanchenjunga.

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### Day 11 GHUNSA – KAMBACHEN (4,050 m)

 6 Hrs    Breakfast, Lunch & Dinner    Tea House    Walking    4050 m

From Ghunsa, we will trek further north along the river bank which presents us with magnificent mountain scenery. We will pass through meadows filled with beautiful wildflowers, then cross rhododendron and pine forests. Then we will cross a bridge at Rampuk Kharka and continue past a waterfall and cross the tricky section of a landslide. After crossing the landslide area we begin to see the spectacular view of Mt. Jannu. Further exploring and tackling the tricky mountain trail we finally arrive at Kambachen and spend the night.

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 **Day 12 KAMBACHEN – LHONAK (4,780 m)**

 6 Hrs    Breakfast, Lunch & Dinner    Tea House    Walking    4780 m

Today will be another challenging day and an early start is needed. We will trek through rocky fields and large boulders on the hillside along the riverbank and arrive at a waterfall. We will then cross a bridge to Ramtang monastery. After then we will cross a landslide section which we must pass through at a steady pace before descending to the river and finally arriving at Lhonak. We will stay overnight in Lhonak.

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 **Day 13 KANCHENJUNGA BASE CAMP (5,143 m)**

 7 Hrs    Breakfast, Lunch & Dinner    Tea House    Walking    5143 m

From Lhonak, we trek towards the Kanchenjunga Base Camp. Our trail is alongside the gigantic Kanchenjunga Glacier. After passing Pangpema we will descend towards the Kanchenjunga Base Camp. The view from the base camp is magnificent. Mount Kanchenjunga, Jannu Himal, Makalu, Barunche and other Himalayan peaks are ours to admire. After then we will descend back to Pangpema and stay overnight.

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 Day 14 PANGPEMA – KAMBACHEN (4050 m)

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 7 Hrs    Breakfast, Lunch & Dinner    Tea House    Walking    4050 m

From pangpema, we will descend all the way to Ghunsa via Kambachen. It is the same route we took when we were climbing up and down.

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 Day 15 KAMBACHEN- PHALLE (3308 m)

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 6 Hrs    Breakfast, Lunch & Dinner    Tea House    Walking    3308 m

From Kambachen, we descend towards Phale. We will pass through several Mani's and a monastery nearby. We will walk through Juniper forests and reach Phale. From there, it is a steady descent to Gyabla. We will cross a bridge over river Chhundatangka and reach Gyabla. As we continue our trek, we see a waterfall nearby. We also cross a suspension bridge over river Sumbung before reaching Amjilosa. Today we stay overnight in Amjilosa.

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 Day 16 PHALLE-AMJILOSA/JHAUBARI ( 2,308 m)

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 7 Hrs    Breakfast, Lunch & Dinner    Tea House    Walking    2308 m

After walking for a while we see a beautiful waterfall nearby. We continue our trek and pass a small settlement of Solima before crossing a suspension bridge over Ghunsa Khola. We cross another suspension bridge over Ghunsa Khola and reach Sukathum. Our trail passes through several villages and is beside Thunsa Khola at first followed by Tamor Nadi before reaching Hellok.



## Day 17 HELLOK TO ILLAM (800 m)

 9 Hrs    Breakfast, Lunch & Dinner    Guest House    Jeep    800 m

Today we will drive through the Taplejung Bazaar with the private jeep/car then we will drive and see Nepali culture and lifestyle and a beautiful cardamom garden with a beautiful rice paddy field. After approx 6 hours of drive, we will reach Illam Bazaar and stay overnight in Illam. After reaching Illam we will do the sightseeing of Illam Bazaar and Illam Bazar is one of the most popular business hubs between India and Nepal. Illam is very famous for its local products like Tea, Cardamom, Ginger, Ghee, chilly, and many other household products.

## Day 18 ILLAM TO BHADRAPUR BY PRIVATE JEEP AND FLIGHT BACK TO KATHMANDU

 5 Hrs    Breakfast & Lunch    Hotel    Jeep, Plane    1400 m

We will drive from Illam to Bhadrapur by private jeep through the tea garden with small towns Kanyam, we can see many scenes of tea garden, Nepali lifestyle and we can buy varieties of tea and local products from Fickal Bazzar/ Kanyam. Then we will drive to Bhadrapur airport for our flights and we will fly back to Kathmandu on the same day.

## Cost Includes

- ✓ Airport/ hotel pick up and drop off by private vehicle
- ✓ Hotels in Kathmandu, inclusive of breakfast
- ✓ Three Times Meals during the trek

- ✓ Government licensed, experienced English speaking guide
- ✓ One porter per two people
- ✓ Food, accommodation, salary, insurance, equipment, and medicine for all staff.
- ✓ All government taxes
- ✓ One trekking map per person
- ✓ Kanchenjunga permit and conservation fee
- ✓ Sleeping bags and down jackets for the trek (should be refunded after the trek)
- ✓ Surface transportation
- ✓ First aid kit
- ✓ Domestic flight tickets KTM–BDR/Suketa
- ✓ Fresh fruit during the trek
- ✓ Marsh bar and snicker 1 pic each day during the trek



## Cost Excludes

- ✗ Travel and rescue insurance
- ✗ Beverage bills, bar bills, and personal expenses
- ✗ Nepal entry visa
- ✗ Tips for guide, porter, and driver
- ✗ Extra day Kathmandu Hotel
- ✗ Excess baggage charges (if you have more than 10 kg of luggage, a cargo charge is around \$1.5 per kg)
- ✗ Extra night accommodation in Kathmandu because of early arrival, late departure, early return from mountain (due to any reason) than the scheduled itinerary
- ✗ Lunch and evening meals in Kathmandu (and also in the case of early return from the mountain than the scheduled itinerary)
- ✗ Optional trips and sightseeing if extended

## Trip Map

