Langtang with Ganja la PassTrek.

DURATION: 12 DAYS

Trip Facts

Group Size 1-8 Persons

Trip Grade Moderate

Accommodation Hotel+ Lodge+ Tea House

Max Height 5100 Metres

Start From Kathmandu

End At Kathmandu

Transportation Car+ Bus+ Jeep

Duration 12 Days

Meals included Break Fast+ Lunch+ Dinner Days

Best season:
Mar-May + Sep-Dec

Trip Overview

The Langtang with Ganja La Pass Trek is a challenging and adventurous trekking route in Nepal, combining the beauty of the Langtang Valley with the excitement of crossing the high-altitude Ganja La Pass. The trek starts from Syabrubesi, the gateway to the Langtang Valley, and takes trekkers through the picturesque Langtang Valley, Kyanjin Gompa, Langtang Glacier, Ganja La Pass, Keldang, Dukpu, Tarkeghyang, and the Helambu Region. The trek typically takes 14 to 18 days, depending on the itinerary and acclimatization days. The best seasons for the trek are spring (March to May) and autumn (September to November), with clear skies and pleasant weather. It is recommended to trek with a licensed agency and an experienced guide for safety, support, and an enjoyable Himalayan experience.

The Langtang with Ganjala Pass Trek is a popular trekking route in Nepal, combining the beauty of the Langtang Valley with the adventure of crossing the high-altitude Gonjala Pass. The trek starts from Syabrubesi village and follows the Langtang River upstream through rhododendron and bamboo forests. The Langtang Valley offers stunning mountain views, diverse landscapes, and rich cultural experiences. The trek leads to Kyanjin Gompa, a famous Buddhist monastery, and the challenging Ganjala Pass at 5,106 meters. Crossing the pass requires fitness and previous trekking experience, but the views are breathtaking. The trek descends through the Tamang villages of Tarkeghyang and Sermathang, where visitors can experience local culture and interact with friendly Tamang people. The Gonjala Pass Trek with Langtang Valley is typically a 12- to 14-day journey, recommended during the spring and autumn seasons. Proper preparation, including physical conditioning and gear packing, is crucial for a successful and enjoyable trek.

MOUNT ADVENTURE HOLIDAYS

Trip Itinerary

Day 1: Arrival in Kathmandu

2 | Break Fast | Hotel | Car | 1345 m

- Arrive in Kathmandu, Nepal's capital city.
- Transfer to your hotel.
- Rest and prepare for the trek.
- Overnight stay in Kathmandu.

Day 2: Kathmandu to Syabrubesi (1,550 meters)

7-8 | Break Fast+ Lunch+ Dinner | Hotel | Jeep+ Car -Bus | 1550 m

- Drive from Kathmandu to Syabrubesi (about 7-8 hours).
- Enjoy scenic views of the countryside.
- Overnight stay in Syabrubesi.

Day 3: Syabrubesi to Lama Hotel (2,380 meters)

6-7 | Break Fast+ Lunch+ Dinner | Lodge | Trekking+ Walking | 2380 m

- Begin trekking towards Lama Hotel.

- Pass through forests and beautiful landscapes.
- Overnight stay in Lama Hotel.

Day 4: Lama Hotel to Langtang Village (3,430 meters)

6-7 | Break Fast+ Lunch+ Dinner | Lodge | Trekking+Walking | 3430 m

- Trek from Lama Hotel to Langtang Village.
- Enjoy the scenic beauty of the Langtang Valley.
- Explore the village and surrounding areas.
- Overnight stay in Langtang Village.

Day 5: Langtang Village to Kyanjin Gompa (3,870 meters)

3-4 | Break Fast+ Lunch+ Dinner | Tea House+Lodge | Trekking+Walking | 3870 m

- Trek from Langtang Village to Kyanjin Gompa.
- Visit the famous Kyanjin Gompa monastery.
- Take in the panoramic mountain views.
- Overnight stay in Kyanjin Gompa.

Day 6: Acclimatization Day in Kyanjin Gompa

3-5 | Break Fast+ Lunch+ Dinner | Lodge+Tea House | Hiking+Walking | 3870 m

- Rest and acclimatize in Kyanjin Gompa.
- Explore the surrounding areas.
- Optional hike to Tserko Ri for stunning views.
- Overnight stay in Kyanjin Gompa.

Day 7: Kyanjin Gompa to Ngegang (4,000 meters)

4-5 | Break Fast+ Lunch+ Dinner | Camping | Trekking | 4000 m

- Trek from Kyanjin Gompa to Ngegang.
- Ascend towards the Gonjala Pass.
- Prepare for the pass crossing.
- Overnight stay in Ngegang.

Day 8: Ngegang to Keldang (4,320 meters) via Gonjala Pass (5,106 meters)

6-7 | Break Fast+ Lunch+ Dinner | Camping+Tent | Trekking+ Climbing | 5106 m

- Early morning trek to cross the challenging Gonjala Pass.
- Enjoy panoramic mountain views from the pass.
- Descend to Keldang.
- Overnight stay in Keldang.

Day 9: Keldang to Tarkeghyang (2,590 meters)

6-8 | Break Fast+ Lunch+ Dinner | Tea House +Lodge | Trekking+Walking | 2590 m

- Trek from Keldang to Tarkeghyang.
- Pass through beautiful landscapes and Tamang villages.
- Explore the local culture and traditions.
- Overnight stay in Tarkeghyang.

Day 10: Tarkeghyang to Sermathang (2,610 meters)

6-7 | Break Fast+ Lunch+ Dinner | Lodge | Trekking-Walking | 2610 m

- Trek from Tarkeghyang to Sermathang.
- Enjoy the peaceful surroundings and mountain views.
- Explore the village and interact with locals.
- Overnight stay in Sermathang.

Day 11: Sermathang to Kathmandu (1350 meters)

5 | Break Fast+ Lunch+ Dinner | Hotel | Car | 1350 m

- Drive from Sermathang to Kathmandu (about 5 hours).
- Transfer to your hotel in Kathmandu.
- Rest and relax.
- Overnight stay in Kathmandu.

Cost Includes

- Airport/hotel pick up and drop off by private car
- Langtang National Park permits and TIMS
- Food, accommodation, salary, insurance, equipment, and medicine for all staff
- Government licensed, experienced English speaking guide
- Transportation Kathmandu-Swyabrubesi and Swyabrubesi-Kathmandu
- All government taxes.
- Sleeping bags and down jackets for the trek (should be refunded after the trek
- One trekking map per person
- First aid kit
- fresh fruit

MOUNT ADVENTURE HOLIDAYS

Cost Excludes

- Bar bills and other personal expenses
- Beverage bills, bar bills, telephone bills, and Personal expenses.
- Travel and rescue insurance
- Tips for guide, porter, and driver.
- Lunch and evening meals in Kathmandu (and also in the case of early return from the mountain than the scheduled itinerary)

- Extra night accommodation in Kathmandu because of early arrival, late departure, early return from mountain (due to any reason) than the scheduled itinerary
- Lunch and evening meals in Kathmandu (and also in the case of early return from the mountain than the scheduled itinerary)
- Optional trips and sightseeing if extended

Trip Map