# **Tilman Pass Trek**

**DURATION: 14 DAYS** 

## **Trip Facts**



**Group Size** 1-8 Persons



**Trip Grade** Strenuous



**Accommodation** Hotel+ Lodge+ Tea House





**Max Height** 5320 Metres



Start From Kathmandu



End At Kathmandu



**Transportation** Var+ Jeep + Bus



**Duration** 14 Days



Meals included Breakfast+ Lunch +Dinner Days

#### **Best season:**

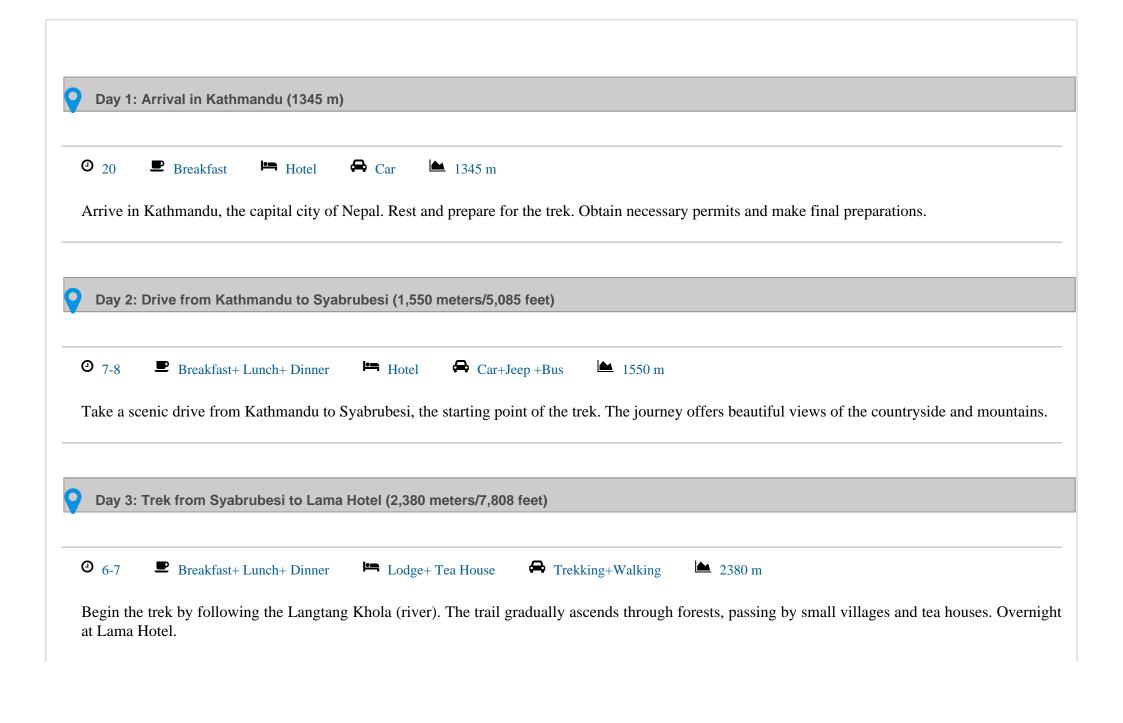
March +May- September + November

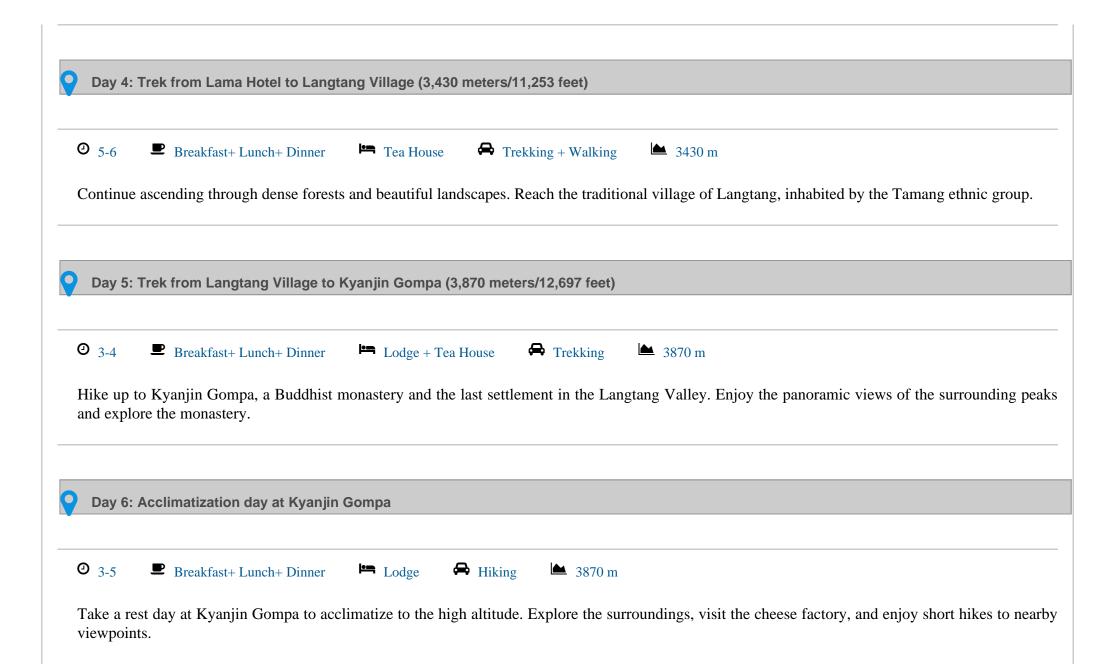
#### **Trip Overview**

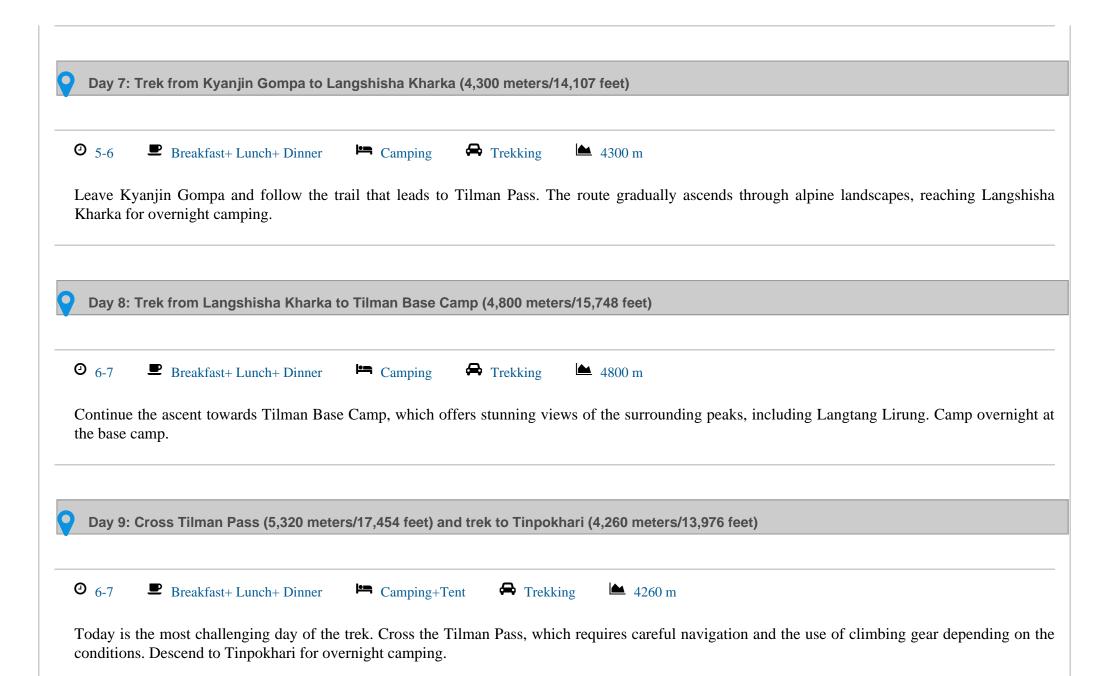
The <u>Tilman Pass Trek</u> is a challenging and remote trekking route in Nepal's Langtang region, offering an adventurous and off-the-beaten-path experience. The trek starts from Syabrubesi and follows the Langtang Valley Trail, passing through traditional villages and Buddhist monasteries. The trek ends at Kyangjin Gompa, a Buddhist monastery, and Ganja La Base Camp. The Ganja La Pass, named after British mountaineer H.W. Tilman, is situated at an altitude of 5,120 meters (16,797 feet) and offers panoramic views of the Langtang and Ganesh Himal ranges. The trek takes around 18 to 22 days to complete, depending on the itinerary and acclimatization days. The best seasons for the Tilman Pass Trek are spring (March to May) and autumn (September to November), with stable weather and clear skies. This trek is suitable for experienced trekkers and mountaineers with excellent physical fitness and previous high-altitude trekking experience. Proper gear, permits, and acclimatization are crucial for a successful and enjoyable trek.

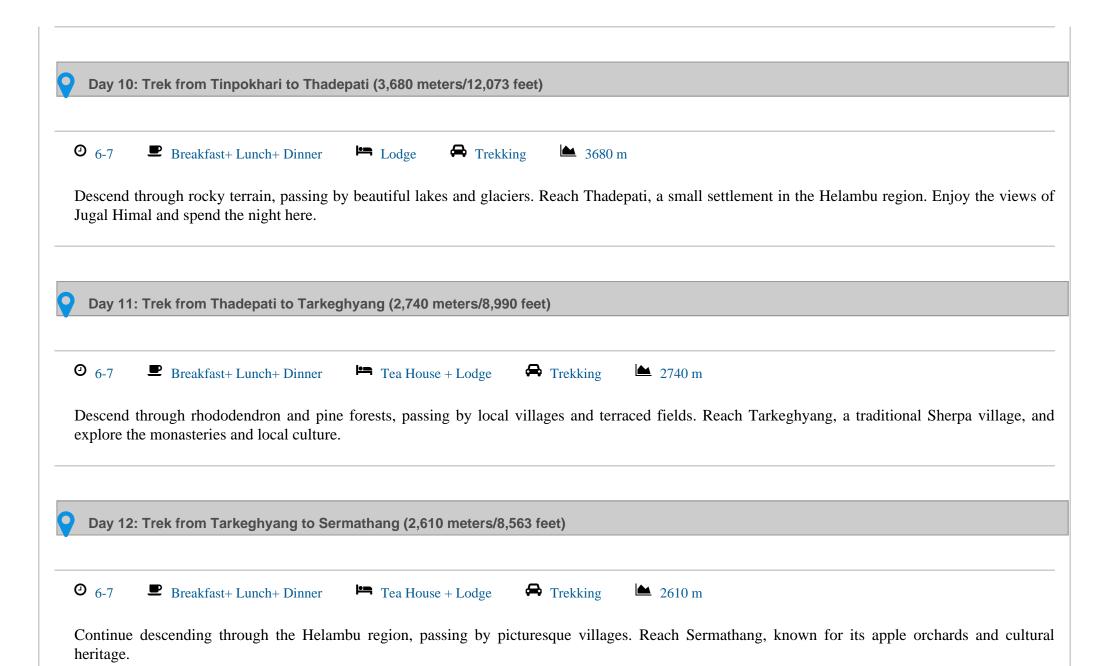
The Tilman Pass Trek is a popular trekking route in Nepal, named after British explorer Bill Tilman. It takes you through beautiful landscapes, remote valleys, and high mountain passes, offering stunning views of snow-capped peaks, glaciers, and alpine lakes. To ensure safety, it is recommended to go with a licensed trekking agency or hire an experienced guide. The trek takes around 16–18 days, including acclimatization days. It is considered a challenging trek, requiring good physical fitness and previous trekking experience. Permits for the Tilman Pass Trek include the Langtang National Park Entry Permit and the TIMS card, which can be obtained in Kathmandu or at the Langtang National Park entry point. The Tilman Pass Trek offers breathtaking views of the surrounding Himalayan mountain range, including Langtang Lirung and Dorje Lakpa. The trail also passes through traditional Sherpa villages, providing an opportunity to experience the local culture and hospitality.

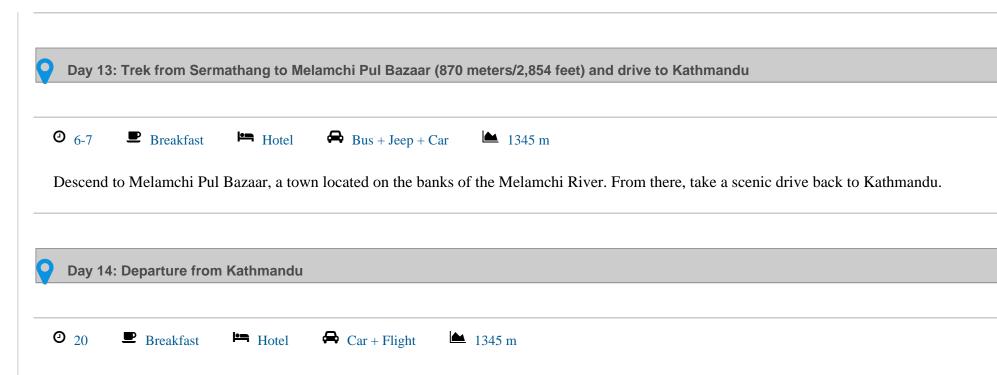
### **Trip Itinerary**











It's your last day in Nepal! Grab some breakfast, and then take in some last-minute shopping in Kathmandu. We'll make sure you arrive at Kathmandu International Airport with plenty of time before your flight home. At this time, we'll say our goodbyes and bid you farewell, armed with warm memories and gorgeous photos to show your loved ones.

# **Cost Includes**

- irport/hotel pick up and drop off by private car
- ✓ Langtang National Park permits and TIMS
- ✓ Food, accommodation, salary, insurance, equipment, and medicine for all staff
- ✓ Government licensed, experienced English speaking guide

- Transportation Kathmandu-Swyabrubesi and Swyabrubesi-Kathmandu
- ✓ All government taxes.
- ✓ Sleeping bags and down jackets for the trek (should be refunded after the trek
- One trekking map per person
- First aid kit
- fresh fruit

# **Cost Excludes**

- **x** Bar bills and other personal expenses
- **★** Beverage bills, bar bills, telephone bills, and Personal expenses.
- **★** Travel and rescue insurance
- x Tips for guide, porter, and driver.
- Lunch and evening meals in Kathmandu (and also in the case of early return from the mountain than the scheduled itinerary)
- Extra night accommodation in Kathmandu because of early arrival, late departure, early return from mountain (due to any reason) than the scheduled itinerary
- Lunch and evening meals in Kathmandu (and also in the case of early return from the mountain than the scheduled itinerary)
- Optional trips and sightseeing if extended



