# Langtang with Ganja la PassTrek

DURATION: 12 DAYS

### Trip Facts

**Group Size** 1-8 Persons

**Trip Grade** Moderate

**Accommodation** Hotel+ Lodge+ Tea House

**Max Height** 5100 Metres

**Start From** Kathmandu

**End At** Kathmandu

**Transportation** Car+ Bus+ Jeep

**Duration** 12 Days

**Meals included** Break Fast+ Lunch+ Dinner Days

**Best season:**
Mar-May + Sep-Dec

## Trip Overview

**The Langtang with Ganja La Pass** Trek is a breathtaking Nepali trekking route that brings together the splendor of the Langtang Valley with the excitement of conquering the high-altitude Ganja La Pass. This 14– 18-day trek is best experienced during the vibrant seasons of spring and autumn. Along the way, you'll encounter the magnificent Buddhist monastery Kyanjin Gompa and face the exhilarating challenge of the Ganjala Pass at 5,106 meters. Immerse yourself in the rich cultural experiences within the Tamang villages. Preparation is key; physical conditioning and packing the right gear are crucial for an enjoyable trek. It's important to note that crossing the high-altitude Ganja La Pass can be immensely challenging, especially for those new to trekking. Adequate preparation and acclimatization are essential to avoid altitude sickness and other risks. Be mindful of the unpredictable weather and consider hiring a local guide for safety and support. By taking the necessary precautions and being well-prepared, you can relish in the unique beauty and culture of the Langtang with the Ganja La Pass Trek while ensuring your safety. Remember to stay hydrated, pace yourself, and pack wisely to fully savor the unforgettable journey.

## Trip Itinerary

### Day 1: Arrival in Kathmandu

2 | Break Fast | Hotel | Car | 1345 m

- Arrive in Kathmandu, Nepal's capital city.
- Transfer to your hotel.
- Rest and prepare for the trek.

- Overnight stay in Kathmandu.

## Day 2: Kathmandu to Syabrubesi (1,550 meters)

7-8 | Break Fast+ Lunch+ Dinner | Hotel | Jeep+ Car -Bus | 1550 m

- Drive from Kathmandu to Syabrubesi (about 7-8 hours).
- Enjoy scenic views of the countryside.
- Overnight stay in Syabrubesi.

## Day 3: Syabrubesi to Lama Hotel (2,380 meters)

6-7 | Break Fast+ Lunch+ Dinner | Lodge | Trekking+ Walking | 2380 m

- Begin trekking towards Lama Hotel.
- Pass through forests and beautiful landscapes.
- Overnight stay in Lama Hotel.

## Day 4: Lama Hotel to Langtang Village (3,430 meters)

6-7 | Break Fast+ Lunch+ Dinner | Lodge | Trekking+Walking | 3430 m

- Trek from Lama Hotel to Langtang Village.
- Enjoy the scenic beauty of the Langtang Valley.
- Explore the village and surrounding areas.
- Overnight stay in Langtang Village.

## Day 5: Langtang Village to Kyanjin Gompa (3,870 meters)

3-4 | Break Fast+ Lunch+ Dinner | Tea House+Lodge | Trekking+Walking | 3870 m

- Trek from Langtang Village to Kyanjin Gompa.
- Visit the famous Kyanjin Gompa monastery.
- Take in the panoramic mountain views.
- Overnight stay in Kyanjin Gompa.

## Day 6: Acclimatization Day in Kyanjin Gompa

3-5 | Break Fast+ Lunch+ Dinner | Lodge+Tea House | Hiking+Walking | 3870 m

- Rest and acclimatize in Kyanjin Gompa.
- Explore the surrounding areas.
- Optional hike to Tserko Ri for stunning views.
- Overnight stay in Kyanjin Gompa.

## Day 7: Kyanjin Gompa to Ngegang (4,000 meters)

4-5 | Break Fast+ Lunch+ Dinner | Camping | Trekking | 4000 m

- Trek from Kyanjin Gompa to Ngegang.
- Ascend towards the Gonjala Pass.
- Prepare for the pass crossing.
- Overnight stay in Ngegang.

## Day 8: Ngegang to Keldang (4,320 meters) via Gonjala Pass (5,106 meters)

6-7 | Break Fast+ Lunch+ Dinner | Camping+Tent | Trekking+ Climbing | 5106 m

- Early morning trek to cross the challenging Gonjala Pass.
- Enjoy panoramic mountain views from the pass.
- Descend to Keldang.
- Overnight stay in Keldang.

## Day 9: Keldang to Tarkeghyang (2,590 meters)

6-8 | Break Fast+ Lunch+ Dinner | Tea House +Lodge | Trekking+Walking | 2590 m

- Trek from Keldang to Tarkeghyang.
- Pass through beautiful landscapes and Tamang villages.
- Explore the local culture and traditions.
- Overnight stay in Tarkeghyang.

## Day 10: Tarkeghyang to Sermathang (2,610 meters)

6-7 | Break Fast+ Lunch+ Dinner | Lodge | Trekking-Walking | 2610 m

- Trek from Tarkeghyang to Sermathang.
- Enjoy the peaceful surroundings and mountain views.
- Explore the village and interact with locals.
- Overnight stay in Sermathang.

## Day 11: Sermathang to Kathmandu (1350 meters)

5 | Break Fast+ Lunch+ Dinner | Hotel | Car | 1350 m

- Drive from Sermathang to Kathmandu (about 5 hours).
- Transfer to your hotel in Kathmandu.
- Rest and relax.
- Overnight stay in Kathmandu.

## Cost Includes

- Airport/hotel pick up and drop off by private car
- Langtang National Park permits and TIMS
- Food, accommodation, salary, insurance, equipment, and medicine for all staff
- Government licensed, experienced English speaking guide
- Transportation Kathmandu-Swyabrubesi and Swyabrubesi-Kathmandu
- All government taxes.
- Sleeping bags and down jackets for the trek (should be refunded after the trek
- One trekking map per person
- First aid kit
- fresh fruit

## Cost Excludes

- Bar bills and other personal expenses
- Beverage bills, bar bills, telephone bills, and Personal expenses.
- Travel and rescue insurance
- Tips for guide, porter, and driver.
- Lunch and evening meals in Kathmandu (and also in the case of early return from the mountain than the scheduled itinerary)
- Extra night accommodation in Kathmandu because of early arrival, late departure, early return from mountain (due to any reason) than the scheduled itinerary
- Lunch and evening meals in Kathmandu (and also in the case of early return from the mountain than the scheduled itinerary)

- ✖ Optional trips and sightseeing if extended

## Trip Map