# Kanchenjunga Trek North to South

**DURATION: 17 DAYS** 

### **Trip Facts**



**Group Size** 1 - 10 Persons



Trip Grade Basic



**Accommodation** Hotel, Guse House / Tea House



**Max Height** 5143 Metres



Start From Kathmandu



End At Kathmandu



Transportation Plane, Car, Jeep



**Duration** 17 Days



Meals included Breakfast, Lunch & Dinner Days



#### **Best season:**

March - May, September - November

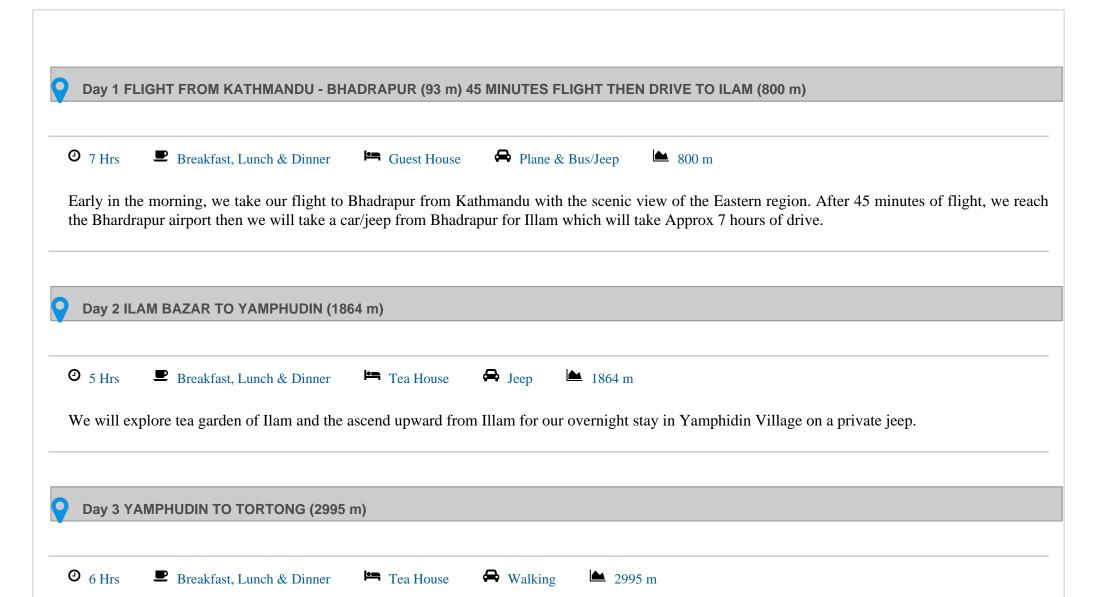
### **Trip Overview**

Kanchenjunga Trek South to North is an 18-day adventure in Nepal's Kanchenjunga Conservation Area, which is home to the world's third-highest Himalayas. Covering an area of 2035 km2, the trek offers a unique opportunity to witness rare wildlife, such as snow leopards, red pandas, and musk deer, and experience the wilderness like never before. The trek features breathtaking views of towering peaks, including Kanchenjunga, Makalu, and Lhotse, as it winds through diverse landscapes of lush forests, alpine meadows, and glacial valleys. The trek also provides an opportunity to immerse oneself in the rich culture of the local communities, with visits to traditional villages and monasteries along the way. With experienced guides leading the way, the Kanchenjunga Trek South to North promises an extraordinary journey through one of the most pristine and awe-inspiring regions of the Himalayas.

During the Kanchenjunga Trek from south to north, hikers may encounter the picturesque village of Ghunsa, nestled in a valley surrounded by snow-capped mountains. Here, they can witness the traditional lifestyle of the local Sherpa community, visit monasteries adorned with colorful prayer flags, and even participate in cultural ceremonies and festivals. Additionally, as they make their way through the remote and untouched landscapes, hikers may stumble upon hidden alpine lakes sparkling under the sun, providing a stunning backdrop for photography enthusiasts and nature lovers alike. Explorers on the Kanchenjunga Trek may also have the opportunity to spot unique Himalayan wildlife, such as the elusive snow leopard or endangered red panda, adding an element of excitement to their journey.

Apart from experiencing the natural beauty of the region, hikers can indulge in delicious local cuisine made from fresh ingredients sourced from nearby farms and forests. As part of their trekking experience, adventurers can immerse themselves in local Sherpa culture by learning traditional crafts like carpet weaving or participating in homestay programs that allow them to live with a Sherpa family and gain insight into their daily lives and customs. Moreover, the trek offers breathtaking views of some of the world's highest peaks, including Mount Everest and Kangchenjunga itself, a sight that few are lucky enough to witness in person.

### **Trip Itinerary**



Today we march gradually ascending and following the Sibuwa river and cross the river again to our left side. A short steep uphill walk takes us to a bit high and keeps the distance with Sibuwa River. We walk through the rhododendron and bamboo bushes and thick forest to reach Tortong and we can enjoy with the wild animals like Red Panda, Wild Boar, Bear, Musk Deer, wild birds, and other different wild animals in our way and we will stay in



### Day 4 TORTONG TO CHERAM (3870 m)



■ Breakfast, Lunch & Dinner



**⇔** Walking



Today we will trek through the trail of the dense forest of beautiful bamboo and rhododendron which is accompanied by the river. After that we will walk along the Simbuwa Khola gradually uphill then after some time we will reach Cheram for the overnight stay.

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#### Day 5 CHERAM TO RAMCHE (4580 m)

② 4 Hrs

■ Breakfast, Lunch & Dinner







We begin our short trek after breakfast. From Cheram, we ascend for some time before reaching the snout of the Yalung Glacier. It is a beautiful walk on a valley trail. We also cherish the views of several Himalayan peaks. We pass through a small settlement of Lapsang before reaching Ramche. Overnight in Ramche.

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### Day 6 RAMCHE TO YALUNG BASE CAMP (4500M) TO CHERAM

O 8 Hrs

■ Breakfast, Lunch & Dinner



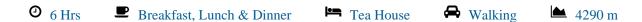


**△** 4500 m

From Ramche, we walk further up the valley. We then follow a stream before climbing on the moraine top until confronted by Kanchenjunga's southern face. We walk further ahead for a glimpse of the Jannu Himal. We continue our trek further towards the Oktang Monastery. From here, we climb further up and reach the Yalung Base Camp. The views from the base camp are extraordinary. Kumbakarna (Jannu), Nyukla Lachung, and other Himalayan peaks are close by. We descend and spend the night at Cheram.



#### Day 7 CHERAM TO SELE LA (4290 m)

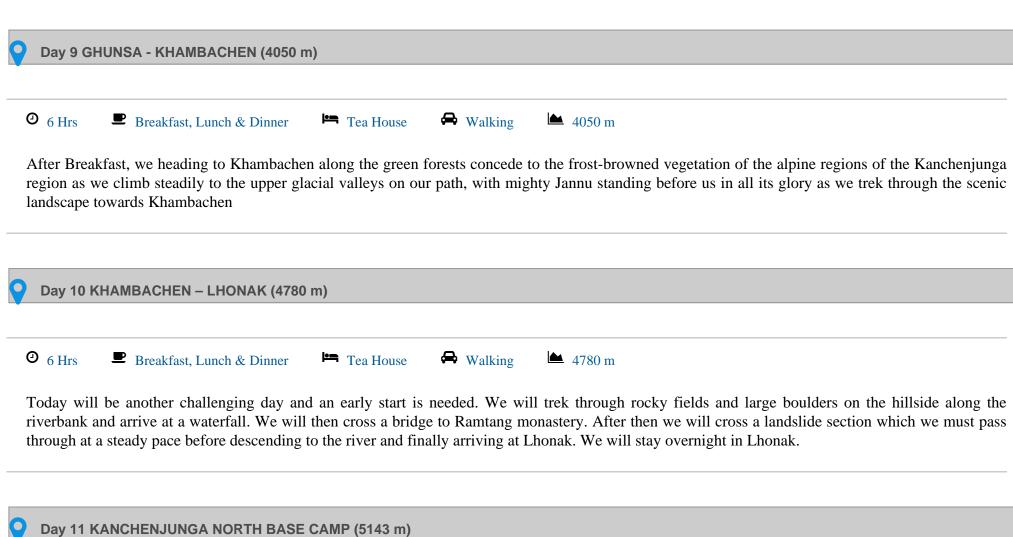


We begin our trek after breakfast. We cross four passes today beginning with Sinelapche Bhanjyang. After crossing the pass we continue to Mirgin La pass. We continue trekking and reach the Sinon La pass which is not very far. From here, we ascend to Sele La pass. There are prayer flags strung across one of the steeper sections of the trail which is very near to the Sele La pass. We cross the pass. Overnight in Sele La.





We begin our trek after breakfast. We walk towards the north with Tangbgharma Danda nearby. We reach a chorten marked by prayer flags which marks the start of a steep trail. We descend through rhododendron, birch, and pine forests before reaching Ghunsa. It is a beautiful village of houses with Day.





From Lhonak, we trek towards the Kanchenjunga Base Camp. Our trail is alongside the gigantic Kanchenjunga Glacier. After passing Pangpema we will descend towards the Kanchenjunga Base Camp. The view from the base camp is magnificent. Mount Kanchenjunga, Jannu Himal, and other Himalayan peaks are ours to admire. After then we will descend back to Pangpema and stay overnight.



② 7 Hrs ■ Breakfast, Lunch & Dinner ► Tea House ► WAlking ► 4050 m

From returning by the same route to Lhonak, we gain a different and refreshing perspective of the region's beautiful scenery. Pema we trace back our steps to khambachen.

# Day 13 KHAMBACHEN- GHUNSA / PHALLE VILLAGE (3475 m)

● 7 Hrs ■ Breakfast, Lunch & Dinner ► Tea House ← Walking ▲ 3475 m

From Lhonak, we will descend all the way to Ghunsa via Tibetan refugee village Phalle. It is the same route we took when we were climbing up

### Day 14 PHALLE- AMJILOSA / THYANYANI (2308 m)

● 6 Hrs ■ Breakfast, Lunch & Dinner ► Tea House ← Walking ► 2308 m

from/Phalle Ghunsa, we descend towards Phale. We will pass through several Mani's and a monastery nearby. We will walk through Juniper forests and reach Phale. From there, it is a steady descent to Gyabla. We will cross a bridge over river Chhundatangka and reach Gyabla. As we continue our trek, we see a waterfall nearby. We also cross a suspension bridge over river Sumbung before reaching Amiilosa. Today we stay overnight in Amiilosa



Day 15 AMJILOSA - RANIPUL(QUEEN BRIDGE)/TAPLEJUNG (1270 m) 4 HOURS TREK AND SAME DAY DRIVE BACK TAPLEJUG, OVERNIGHT STAY TAPALEJUNG



Breakfast, Lunch & Dinner







Today we will drive through the Taplejung Bazaar with the private jeep/car then we will drive and see Nepali culture and lifestyle and a beautiful cardamom garden with a beautiful rice paddy field. After approx 6 hours of drive, we will reach Illam Bazaar and stay overnight in Illam. After reaching Illam we will do the sightseeing of Illam Bazar and Illam Bazar is one of the most popular business hubs between India and Nepal. Illam is very famous for its local products like Tea, Cardamom, Ginger, Ghee, chilly, and many other household products.



Day 16 TAPLEJUNG - ILAM (800 m) DRIVE



■ Breakfast, Lunch & Dinner







After reaching Illam we will do the sightseeing of Illam Bazar and Illam Bazar is one of the most popular business hubs between India and Nepal. Illam is very famous for its local products like Tea, Cardamom, Ginger, Ghee, chilly, and many other household products.



Day 17 ILLAM TO BHADRAPUR BY PRIVATE JEEP 4 HOURS DRIVE AND FLIGHT BACK - KATHMANDU

We will drive from Illam to Bhadrapur by private jeep through the tea garden with small towns Kanyam, we can see many scenes of tea garden, Nepali lifestyle and we can buy varieties of tea and local products from Fickal Bazzar/ Kanya. Then we will drive to Bhadrapur airport for our flights and we will fly back to Kathmandu on the same day.

### **Cost Includes**

- ✓ Airport/ hotel pick up and drop off by private vehicle
- ✓ Hotels in Kathmandu, inclusive of breakfast
- ✓ Three Times Meals during the trek
- ✓ Government licensed, experienced English speaking guide
- One porter per two people
- Food, accommodation, salary, insurance, equipment, and medicine for all staff.
- ✓ All government taxes
- One trekking map per person
- Kanchenjunga permit and conservation fee
- ✓ Sleeping bags and down jackets for the trek (should be refunded after the trek)
- Surface transportation
- First aid kit
- ✓ Domestic flight tickets KTM–BDR/Suketa
- ✓ Fresh fruit during the trek

## **Cost Excludes**

- ★ Travel and rescue insurance
- **★** Beverage bills, bar bills, and personal expenses
- × Nepal entry visa
- x Tips for guide, porter, and driver
- × Extra day Kathmandu Hotel
- Excess baggage charges (if you have more than 10 kg of luggage, a cargo charge is around \$1.5 per kg)
- Extra night accommodation in Kathmandu because of early arrival, late departure, early return from mountain (due to any reason) than the scheduled itinerary
- x Lunch and evening meals in Kathmandu (and also in the case of early return from the mountain than the scheduled itinerary)
- Optional trips and sightseeing if extended